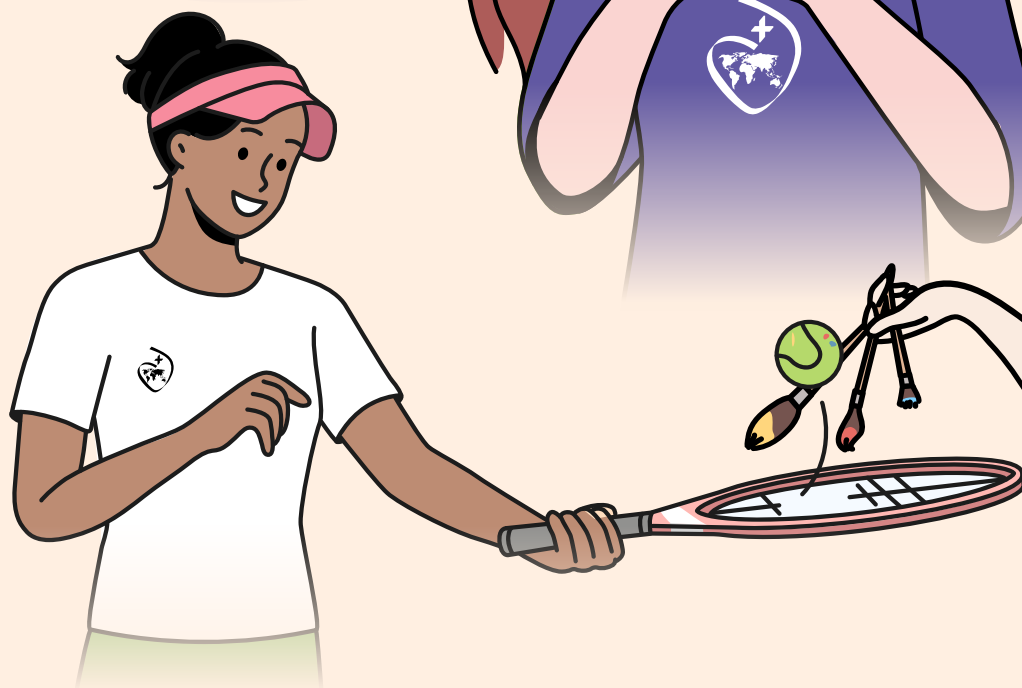
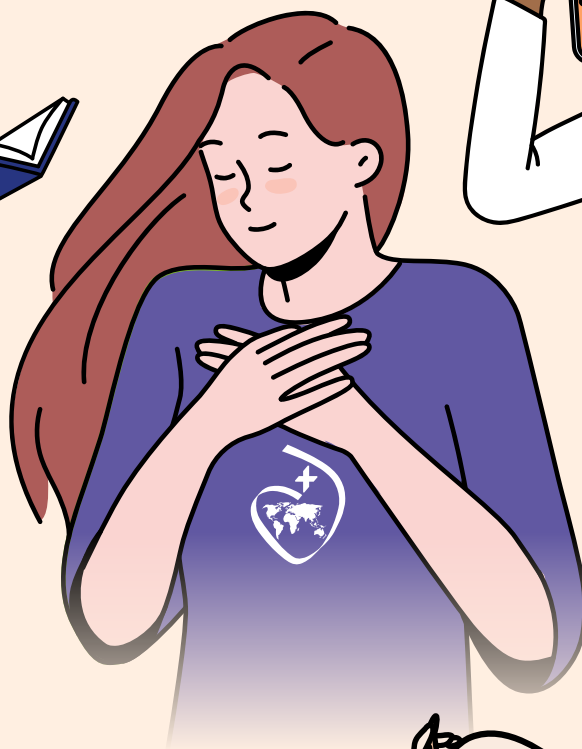




Sacred Heart High School

Enrichment

Autumn 2026



Dear Parents, Carers and Students,

Welcome to the Autumn Enrichment Offer for 2026.

All students have been given a hard copy of the brochure. Sign up for all activities will happen centrally via a Google Form on your daughter's form class Google Classroom. As a staff, we are committed to ensuring there is a breadth of activities each term that are consistently run and centrally communicated to maximise learning and enjoyment.

Now in its second year, we are proud of our Sacred Heart enrichment offering. Participation in enrichment activities during a students' time at school has been shown to benefit self-confidence, validation and socialisation. By participating in a vast range of trips, clubs and activities students acquire 'soft-skills' such as communication, teamwork, critical thinking and creativity which are transferable to subject specific knowledge and skills and help towards acquiring cultural capital and being career ready. Most of all, we hope students have fun and make core memories of their time at Sacred Heart.

I trust that there is something for everyone!

Ms Brown
Head of Drama/Associate Assistant Headteacher – Enrichment



Sign-Up

Unless otherwise stated, students can sign up to each activity using the Google Form located on their form class Google Classroom. **The closing date for sign-up is Friday 18th September 2026.**



Sign up quickly!

Some activities have limited spaces. Places will be allocated based on the first students to sign up. When students sign up, their choices are 'time stamped' by Google to enable staff to see who signed up first.



Allocation of places

Once a place to an Enrichment activity has been allocated to a student, they are added to a Google Classroom for this activity. This is how they know they have been successful. If students aren't added, they are not in the activity.



Enrichment Start Date

Enrichment will begin on Monday 28th September 2026.



Consistent Participation and Attendance

By signing up to participate in an enrichment activity students are making a commitment to attend every session associated with that enrichment activity. Attendance will be monitored by the teachers in charge via EduLink registers.



Rewards

Consistent participation and attendance will be rewarded through a badge system at year level assemblies.

Contents

Art	2
Business & Economics	4
Classics	5
Computer Science	6
Curriculum Access	7
Dance	8
Drama	9
DT	13
English	15
Geography	16
History & Politics	17
Library	18
Maths	21
MFL	22
Music	24
Oracy	30
PE	33
Sociology and Psychology	38
RE	39
Science	40
Trips	42
Day by Day Calendar	43

Art

Year 7 Art Club

Description of enrichment activity	A weekly after school club for Year 7s to try out different ways of creating Art outside of their normal Art lessons
Date and/or frequency of activity	Wednesdays 3.10-4.00pm
Year group	Yr 7
Cost	Free
Location/Room	S1
How do students sign up?	Via the Google Classroom Enrichment Form
How many places are available?	20
Teacher/s in charge and external organizations	Miss Karamehmetoglu

Black History Month Art Competition

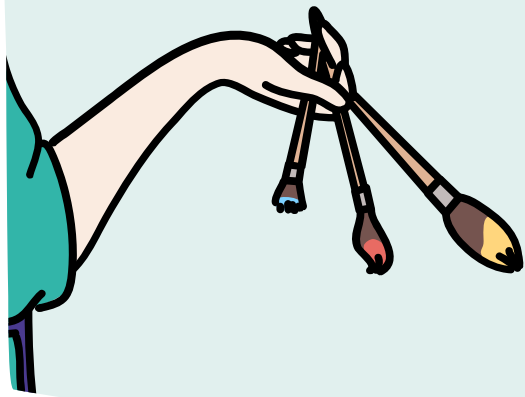
Description of enrichment activity	Students can make an art piece to respond to the Black History Month theme and submit it to the Art department. A prize of a Cass Art voucher is available to each year group winner.
Date and/or frequency of activity	November
Year group	Yr 7-13
Cost	Free
Location/Room	-
How do students sign up?	Hand in an art competition piece for prizes
How many places are available?	All students from Years 7-13 can make a competition piece
Teacher/s in charge and external organizations	Ms Birkett

Year 8 Christmas Card Making Workshop

Description of enrichment activity	Students attend a workshop to create a Christmas card
Date and/or frequency of activity	Thursday 10th December 3.10-4.00pm
Year group	Yr 8
Cost	Free
Location/Room	S2
How do students sign up?	Via the Google Classroom Enrichment Form
How many places are available?	S2
Teacher/s in charge and external organizations	Ms Birkett

Gift making

Description of enrichment activity	Come along and make gifts for your friends and family while exploring new skills with arts and crafts.
Date and/or frequency of activity	Tuesday 3.10pm-4.00pm
Year group	Yr 7-13
Cost	Free
Location/Room	M6
How do students sign up?	Via the Google Classroom Enrichment Form
How many places are available?	20
Teacher/s in charge and external organizations	Ms Clarke and Ms Rose



Business & Economics

Enterprise Society

Description of enrichment activity	In the Enterprise Society Yr12 & 13 students will plan, organise and stage stalls to raise money for charity over the Christmas period.
Date and/or frequency of activity	Friday 12th December 2026 + preparation
Year group	Yr 12 & 13
Cost	NA
Location/Room	The old gym and reception room
How do students sign up?	Via the Google Classroom Enrichment Form
How many places are available?	20 - 30
Teacher/s in charge and external organizations	Ms Garewal



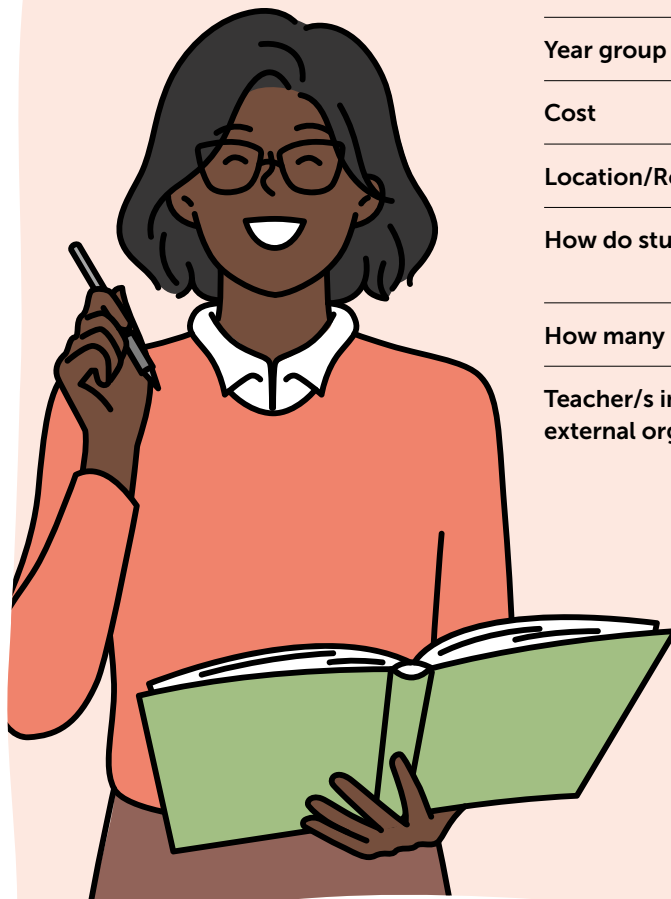
Classics

Classics Club

Description of enrichment activity	This club is for students who wish to explore the ancient world through various activities.
Date and/or frequency of activity	Wednesdays Week A 3.10-4.00pm
Year group	Yr 7-13
Cost	Free
Location/Room	F11
How do students sign up?	Via the Google Classroom Enrichment Form
How many places are available?	30
Teacher/s in charge and external organizations	Miss Marquis

Trip to the British Museum

Description of enrichment activity	Trip to the British Museum
Date and/or frequency of activity	TBC November 2026
Year group	Yr 7-13
Cost	Free
Location/Room	N/A
How do students sign up?	Via the Google Classroom Enrichment Form
How many places are available?	50
Teacher/s in charge and external organizations	Miss Marquis



Computer Science

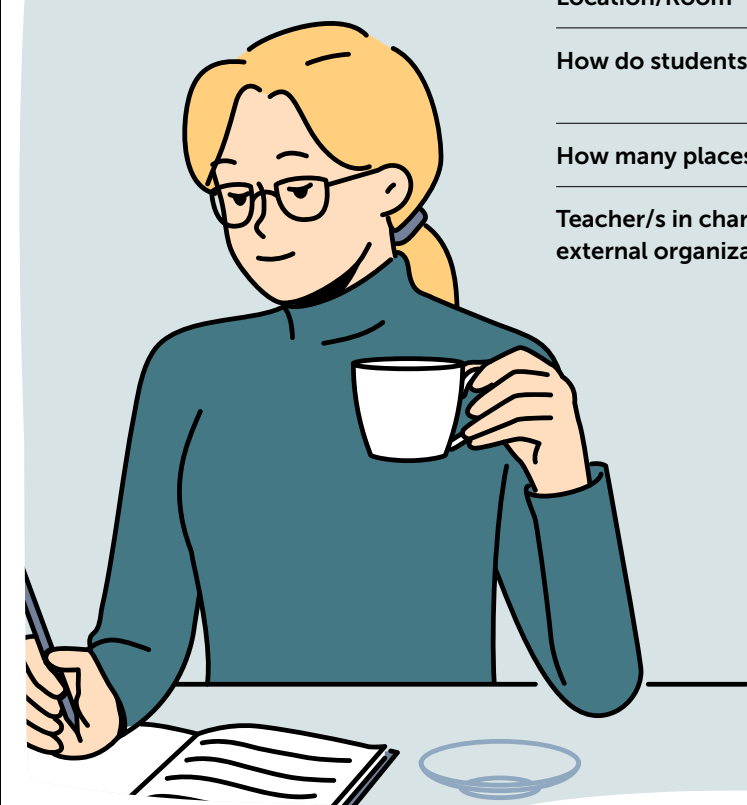
Girls Can Code

Description of enrichment activity	Students will learn to design, code, and test their own video games as well as program and build robots.
Date and/or frequency of activity	Tuesday 3.10-4.00pm
Year group	Yr 7-9
Cost	Free
Location/Room	G4
How do students sign up?	Via the Google Classroom Enrichment Form
How many places are available?	20
Teacher/s in charge and external organizations	Computing teachers

Curriculum Access

Neurodivergent Girls Social Club

Description of enrichment activity	Are you a neurodivergent girl looking for a welcoming space to connect with others who understand your experiences? Join our Neurodivergent Girls Social Club, where we will share stories, discuss challenges, celebrate strengths, and explore practical strategies for navigating everyday life in a neurotypical world. Together, we'll learn about the main types of neurodivergence, exchange helpful resources, and support one another in building confidence, friendships, and self-understanding. Most importantly, we'll work together to help make our school a more inclusive and supportive place for everyone.
Date and/or frequency of activity	Wednesdays
Year group	Any student on the SEN Register is welcome—no formal diagnosis is needed.
Cost	Free
Location/Room	M6 Room
How do students sign up?	Via the Google Classroom Enrichment Form
How many places are available?	N/A
Teacher/s in charge and external organizations	Ms da Rosa



Dance

Dance with DanceWest

Description of enrichment activity	This year we are excited to have the reknowned company DanceWest take over dance lessons at Sacred Heart. DanceWest will teach students dance routines in the style of contemporary, lyrical and musical theatre with the aim of participating in dance concerts and competitions throughout the year.
Date and/or frequency of activity	Tuesdays 3.15-4.45pm
Year group	Yr 7-11
Cost	£40
Location/Room	Dance Studio
How do students sign up?	Via the Google Classroom Enrichment Form
How many places are available?	30
Teacher/s in charge and external organizations	DanceWest



Drama

LAMDA

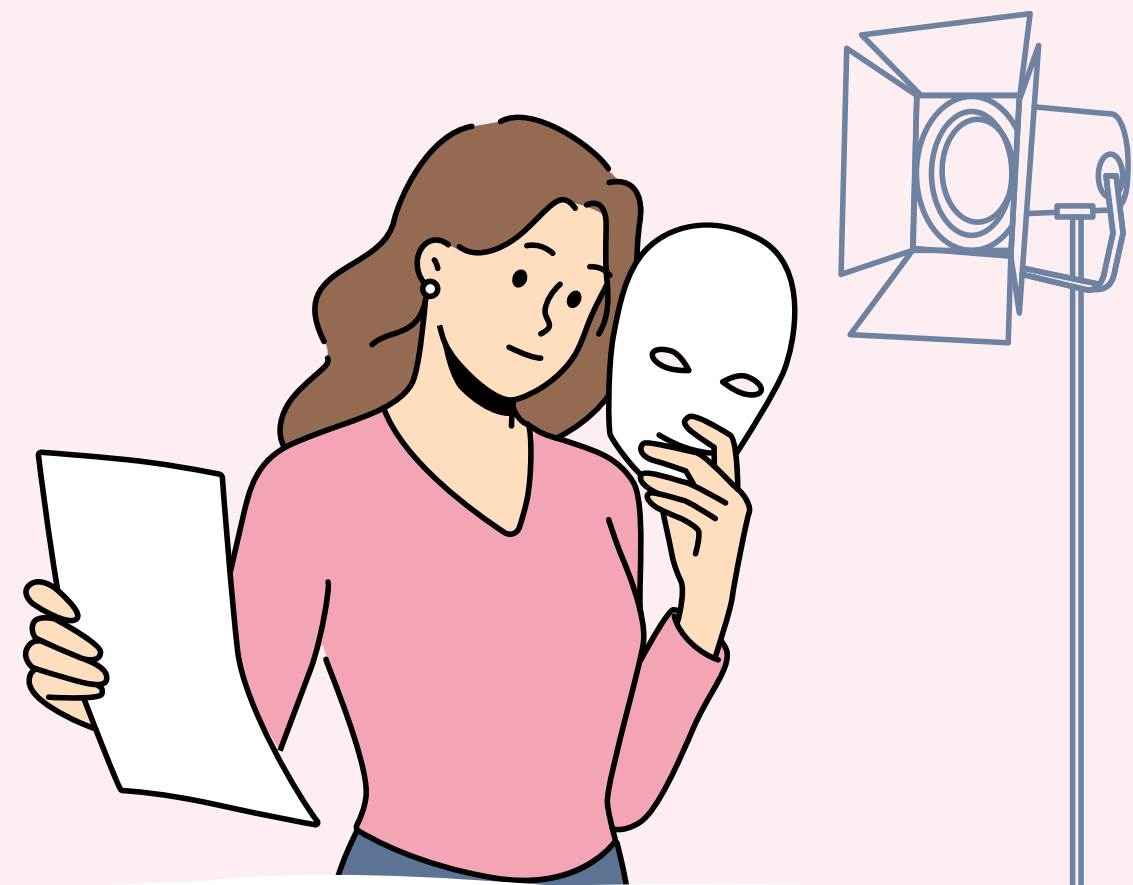
Description of enrichment activity	LAMDA (London Academy of Music and Dramatic Art) lessons are private speech and drama lessons with our specialist LAMDA teacher Ms Manning. These lessons are taken in pairs and focus on traditional acting with monologues or duologues. At the end of each term students take a performance exam in front of a visiting LAMDA examiner and then progress through to the next grade. Medal grades 6,7 and 8 acquire UCAS points. Lessons can be in Acting or Verse and Prose which focuses more on elocution, public speaking and presentation. Experienced students once finished their acting grades may like to continue onto the Shakespeare or Musical Theatre qualification.
Date and/or frequency of activity	Every day at lunch and after school. 30 minute slots allocated.
Year group	Yr 7-13
Cost	£185 per term for 10 lessons + exam fee.
Location/Room	F1B
How do students sign up?	Via the Google Classroom Enrichment Form
How many places are available?	Approx. 50 per term
Teacher/s in charge and external organizations	Ms Manning and Ms Brown

Theatre Trip – My Neighbour Totoro

Description of enrichment activity	Immerse yourself in a magical tale featuring fantastical creatures and endless adventures, adapted from the film by Studio Ghibli. Enjoy an acclaimed theatrical interpretation celebrated with multiple Olivier Awards. Marvel at the stunning stage designs and expertly crafted puppets by Jim Henson's Creature Shop.
Date and/or frequency of activity	Thursday 10 th December 2.00pm matinee
Year group	Yr 8
Cost	£25
Location/Room	Gillian Lynn Theatre West End
How do students sign up?	Via the Google Classroom Enrichment Form
How many places are available?	25. If oversubscribed places will be allocated via random lottery.
Teacher/s in charge and external organizations	Ms Brown, Ms Goatcher, Ms Aushana

Drama Club

Description of enrichment activity	Come along to Monday afternoon Drama Club where you will make a play from scratch, do some improvising, play some drama games and just have fun!
Date and/or frequency of activity	Monday 3.15pm-4.00pm
Year group	KS3
Cost	Free
Location/Room	Old Gym
How do students sign up?	Via the Google Classroom Enrichment Form
How many places are available?	30
Teacher/s in charge and external organizations	Ms Aushana



Shakespeare School's Festival

Description of enrichment activity	Shakespeare Schools Theatre Festival is a cultural education project that supports young people to perform abridged Shakespeare plays on professional theatre stages. This year's performance will be <i>A Midsummer Night's Dream</i> and will take place at The Exchange Theatre in Twickenham .
Date and/or frequency of activity	Wednesdays 3.10-4.00pm (rehearsals) (Thursday 19th November is show day)
Year group	Yr 9
Cost	Free (rehearsals), tickets for show TBC - from venue
Location/Room	Old Gym
How do students sign up?	Via the Google Classroom Enrichment Form
How many places are available?	Up to 20 - sign up your interest via Google Classroom Enrichment form with a meeting to follow
Teacher/s in charge and external organizations	Ms Goatcher

DT

3D Modelling

Description of enrichment activity	Learn how to model simple shapes in to complex products with state-of-the-Art software that can be used in school, at home on any device
Date and/or frequency of activity	Wednesdays 3.10-4.00pm 30 th Sept, 7 th , 14 th , 21 st Oct and 4 th Nov
Year group	Yr 9 & 10
Cost	Free
Location/Room	DT1
How do students sign up?	Via the Google Classroom Enrichment Form
How many places are available?	12
Teacher/s in charge and external organizations	Mr Haddaway



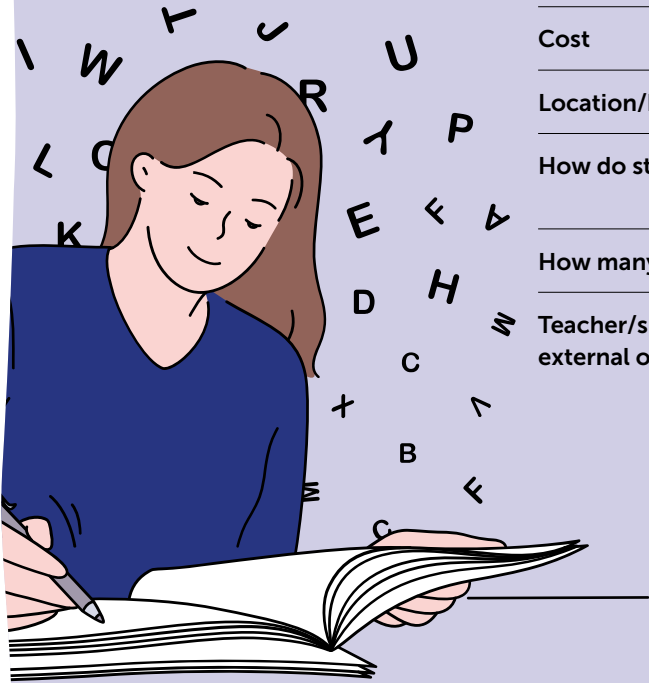
Quilting	
Description of enrichment activity	Make a quilt together with a wellbeing theme. We will learn how to make sections of a quilt (bricks) and then join them together at the end. No experience necessary.
Date and/or frequency of activity	Wednesday 3.10-4.00pm
Year group	Yr 7-13
Cost	£5
Location/Room	DT2
How do students sign up?	Via the Google Classroom Enrichment Form
How many places are available?	15
Teacher/s in charge and external organizations	Ms Knight

Knitting	
Description of enrichment activity	Knitting Club for all. Whether you have no experience of knitting or are a pro-knitter – come along!
Date and/or frequency of activity	Mondays 3.10-4.00pm
Year group	KS 4-5
Cost	Free/students will need to bring their own knitting needles
Location/Room	E5
How do students sign up?	Via the Google Classroom Enrichment Form
How many places are available?	25
Teacher/s in charge and external organizations	Ms Della Rossa

English

Dystopian Screen Society	
Description of enrichment activity	Delve into alternate worlds and expand your knowledge of dystopias through watching renowned screen adaptations of films.
Date and/or frequency of activity	Monday 3.10pm-4.00pm
Year group	Yr 10 to 13
Cost	Free
Location/Room	F1
How do students sign up?	Via the Google Classroom Enrichment Form
How many places are available?	30
Teacher/s in charge and external organizations	Ms McWilliams and Ms Marsh

Harry Potter Club	
Description of enrichment activity	Are you a Harry Potter expert? Can't get enough of wizards, owls, sorting hats and Bertie Botts? This is the club for you.
Date and/or frequency of activity	Wednesdays 3.10pm-4.00pm
Year group	Yr 7-13
Cost	Free
Location/Room	F8
How do students sign up?	Via the Google Classroom Enrichment Form (or by owl!)
How many places are available?	30
Teacher/s in charge and external organizations	Mr Williams



Geography

Geography Newspaper Club

Description of enrichment activity	Join us to write, research, and share fascinating insights about our planet while building your journalism and teamwork skills.
Date and/or frequency of activity	Tuesday 3.10-4.00pm
Year group	KS3 and KS4
Cost	Free
Location/Room	W5
How do students sign up?	Via the Google Classroom Enrichment Form
How many places are available?	30
Teacher/s in charge and external organizations	Ms Edwards



History & Politics

Parliament Trip

Description of enrichment activity	Year 12 Politics/History trip to Parliament
Date and/or frequency of activity	TBC usually mid-December
Year group	Yr 12 & 13
Cost	Free
Location/Room	The Houses of Parliament
How do students sign up?	Via the Google Classroom Enrichment Form
How many places are available?	28
Teacher/s in charge and external organizations	Mr Murphy



Library

Y10-13 Book Society

Description of enrichment activity	Dive into new worlds and exciting stories with this Book Club, where readers come together to discuss thought-provoking books and share their perspectives. Whether you love fiction, fantasy, or nonfiction, there's something for everyone in our monthly reads and lively conversations.
Date and/or frequency of activity	Mondays 3.10-4.00pm
Year group	Yr 10-13
Cost	Free
Location/Room	Library
How do students sign up?	Via the Google Classroom Enrichment Form
How many places are available?	20
Teacher/s in charge and external organizations	Ms Spek



KS3 Book Club

Description of enrichment activity	If you love reading, discovering new books, making like-minded friends, and taking part in thought-provoking book discussions, the KS3 book club is for you! We will be reading and discussing books of different genres, themes, and taking part in fun book quizzes too!
Date and/or frequency of activity	Thursdays 3.10-4.00pm
Year group	Yr 7-9
Cost	Free
Location/Room	Library
How do students sign up?	Via the Google Classroom Enrichment Form
How many places are available?	10
Teacher/s in charge and external organizations	Ms Spek

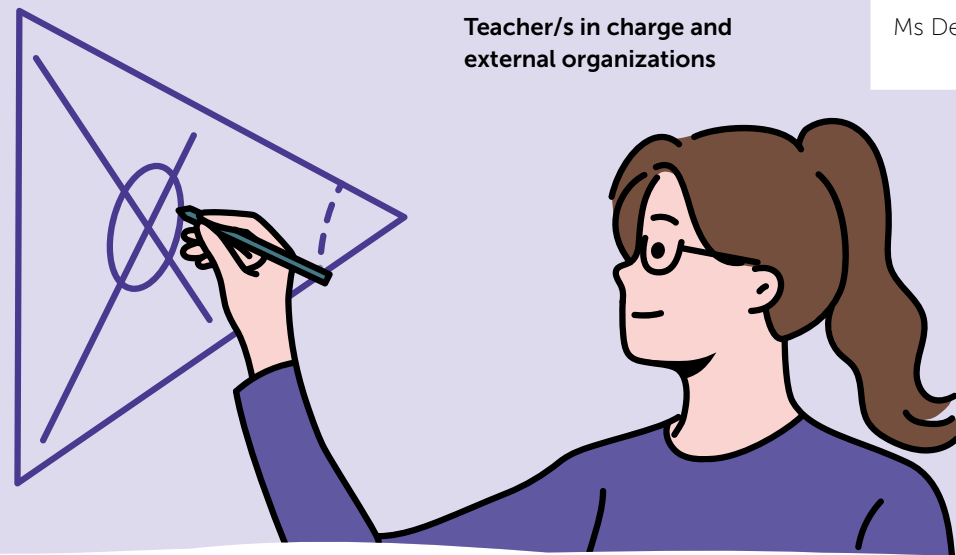
Story Writing Club	
Description of enrichment activity	Unleash your imagination in our high school Story Writing Club, where students create original tales and develop their writing skills. From short stories to epic adventures, you'll get to share your work, get feedback, and grow as a storyteller in a fun, supportive environment.
Date and/or frequency of activity	Wednesdays 3.10-4.00pm
Year group	Yr 7-8
Cost	Free
Location/Room	Library
How do students sign up?	Via the Google Classroom Enrichment Form
How many places are available?	30
Teacher/s in charge and external organizations	Mr Jones



Maths

Further Maths	
Description of enrichment activity	Challenge and extend your GCSE mathematical knowledge in this enrichment activity.
Date and/or frequency of activity	Wednesdays 3.10-4.00pm
Year group	Yr 11
Cost	Free
Location/Room	Maths department
How do students sign up?	By invitation only
How many places are available?	20-25
Teacher/s in charge and external organizations	Dr Leach and Mr Ludlow

Senior UKMT Challenge	
Description of enrichment activity	Challenge your mathematical knowledge by taking part in this nation-wide competition.
Date and/or frequency of activity	Wednesday 7 th October 2026
Year group	Yr 12-13
Cost	Free
Location/Room	W7/W8
How do students sign up?	All year 12 and 13 Maths students
How many places are available?	Unlimited
Teacher/s in charge and external organizations	Ms Della Rossa



MFL

Portugese Club

Description of enrichment activity	Our Portuguese Conversation Club is a friendly and welcoming after-school club for students who speak Portuguese and would like to develop their confidence in reading, speaking and listening.
Date and/or frequency of activity	Tuesdays 3.10-4.00pm
Year group	Students in Years 7-11 who speak Portuguese or have a Portuguese-speaking background.
Cost	Free
Location/Room	R11
How do students sign up?	Via the Google Classroom Enrichment Form
How many places are available?	30
Teacher/s in charge and external organizations	Ms Da Rosa

GCSE Latin Club

Description of enrichment activity	GCSE Latin club
Date and/or frequency of activity	Monday 3.10-4.00pm
Year group	Yr 11
Cost	TBC
Location/Room	E3
How do students sign up?	Sign up has occurred
How many places are available?	5
Teacher/s in charge and external organizations	Mr Enright

Madrid Trip

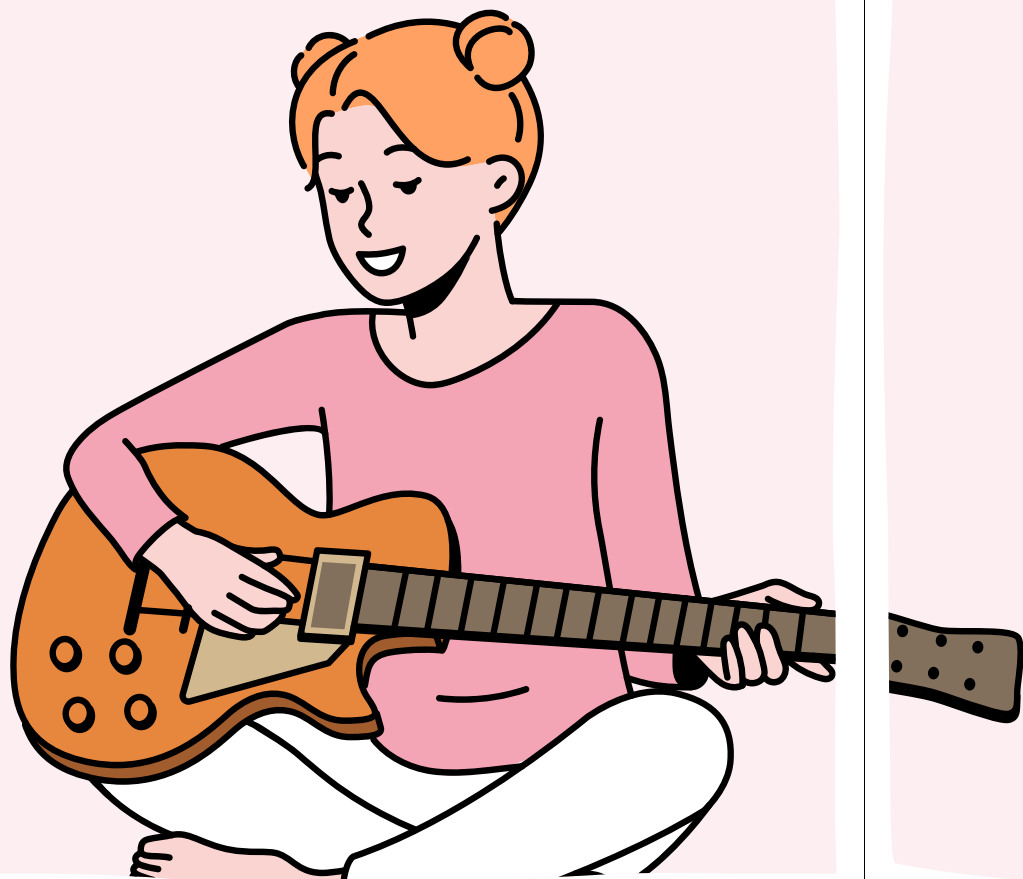
Description of enrichment activity	Madrid Trip
Date and/or frequency of activity	23 rd -26 th October 2026
Year group	Students studying Spanish in Years 10-13 (depending on departmental eligibility criteria).
Cost	£885
Location/Room	Madrid, Spain – based in central Madrid accommodation (Toc Hostel or similar).
How do students sign up?	Students express interest through a departmental sign-up process and, if oversubscribed, places are allocated via a ballot system. A waiting list is maintained.
How many places are available?	40
Teacher/s in charge and external organizations	Trip Leader. Mr Muñoz.



Music

Chamber Choir

Description of enrichment activity	This choir will perform in all of our masses and liturgies that occur throughout the year. If you attend Chamber Choir in the Autumn term, you are expected to continue for the rest of the year.
Date and/or frequency of activity	Mondays 3.10 – 4.00pm
Year group	Yr 7-13
Cost	Free
Location/Room	Chapel
How do students sign up?	Via the Google Classroom Enrichment Form. Sign up if you enjoy singing and are prepared to commit to events throughout the year.
How many places are available?	No limit
Teacher/s in charge and external organizations	Mr Swain



Bands

Description of enrichment activity	Please sign up to this enrichment activity if you are already in a band. You and your band members should sign up to either Monday OR Tuesday 3.00-4.00pm. During the hour, you will receive guidance, tuition and tech support from a Triborough Music teacher and Mrs Jones. You will also have your own time to rehearse. There is space for 3 bands on Monday and another 3 bands on Tuesday. By signing up to this enrichment activity, you will secure your space for the term. Once you have signed up, please ensure that one member of each band emails Mrs Jones with the names of all students in your band. Watch this space for details of band performances throughout the year!
Date and/or frequency of activity	Monday and Tuesday 3.00-4.00pm (your band should only sign up to one day)
Year group	Yr 7-13
Cost	Free
Location/Room	G6/9
How do students sign up?	Via the Google Classroom Enrichment Form
How many places are available?	30-40 - the more the merrier!
Teacher/s in charge and external organizations	Ms Jones

Orchestra

Description of enrichment activity	In the orchestra, the instrumentalists will work on a range of pieces for school masses, concerts and termly performances. All orchestral instrumentalists are welcome however you are required to be Grade 1 equivalent standard. If you attend Orchestra in the Autumn term, you are expected to continue for the rest of the year.
Date and/or frequency of activity	Tuesday 3.10-4.00pm
Year group	Yr7-13
Cost	Free
Location/Room	G6
How do students sign up?	Via the Google Classroom Enrichment Form.
How many places are available?	No limit
Teacher/s in charge and external organizations	Mr Swain

Show Choir

Description of enrichment activity	This choir is the fun show choir who sing contemporary songs we all know and love and will perform in termly concerts, assemblies and various other events inside and outside of school. If you attend Show Choir in the Autumn term, you are expected to continue for the rest of the year.
Date and/or frequency of activity	Tuesdays 3.10-4.00pm
Year group	Yr 7-13
Cost	Free
Location/Room	G9
How do students sign up?	Via the Google Classroom Enrichment Form
How many places are available?	No limit
Teacher/s in charge and external organizations	Ms Lynn

Schola Cantorum

Description of enrichment activity	A smaller group of singers with a focus on choral and sacred repertoire, developing blend, tone, and musicianship through regular rehearsals and sight-singing. If you attend Schola Cantorum in the Autumn term, you are expected to continue for the rest of the year.
Date and/or frequency of activity	Wednesdays 3.10-4.00pm
Year group	Yr 8 - 13
Cost	Free
Location/Room	G6
How do students sign up?	Via the Google Classroom Enrichment Form
How many places are available?	10 - 15
Teacher/s in charge and external organizations	Mr Swain

Yr7 Junior Choir

Description of enrichment activity	This choir is open to all students in Yr 7 who enjoy singing. It will be a space to develop ensemble singing and a brilliant way to have fun meeting other students in your year group. Performance opportunities will be available throughout the year. (You are welcome to take part in more than one choir if you wish!) If you attend Y7 Junior Choir in the Autumn term, you are expected to continue for the rest of the year.
Date and/or frequency of activity	Thursdays 3.10-4.00pm
Year group	Yr 7
Cost	Free
Location/Room	G9
How do students sign up?	Via the Google Classroom Enrichment Form
How many places are available?	No limit
Teacher/s in charge and external organizations	Mrs Jones

Jazz Band

Description of enrichment activity	We are looking to create a school Jazz Band. If you play electric guitar, bass, piano, drums, trumpet, clarinet or saxophone this is an activity for you! If you attend Jazz Band in the Autumn term, you are expected to continue for the rest of the year.
Date and/or frequency of activity	Fridays 3.10-4.00pm
Year group	Yr 7-13
Cost	Free
Location/Room	G6
How do students sign up?	Via the Google Classroom Enrichment Form
How many places are available?	10
Teacher/s in charge and external organizations	Mr Swain



Sacred Heart Bands! Weekly rehearsals...



Each band is expected to rehearse on the same day and time each week.

Choose Monday OR Tuesday, 3-4pm

3 bands per day, spaces limited

One band member must email Mrs Jones with names

Receive expert guidance, tuition, and tech support from a Triborough Music teacher and Mrs Jones

Watch this space for band performance updates throughout the year!

Oracy

Advanced Debate Club

Description of enrichment activity	This is the debate club for those who wish to compete and represent the school. The debate format is BP and the weeks will alternate skills sessions and practice debates. Debating is a year-long commitment and requires regular attendance if you want to be competitive.
Date and/or frequency of activity	Friday, 3.10-4.30pm
Year group	Yr 10-13
Cost	Free
Location/Room	F6
How do students sign up?	Via the Google Classroom Enrichment Form and attendance at the first session.
How many places are available?	30
Teacher/s in charge and external organizations	Ms Linden



Intermediate Debate Club

Description of enrichment activity	This is the debate club for those who wish to compete and represent the school. The debate format is MACE and the weeks will alternate skills sessions and practice debates. Debating is a year-long commitment and requires regular attendance if you want to be competitive.
Date and/or frequency of activity	Wednesday, 3.10-4.15pm
Year group	Yr 8-9
Cost	Free
Location/Room	W5
How do students sign up?	Via the Google Classroom Enrichment Form and attendance at the first session.
How many places are available?	30
Teacher/s in charge and external organizations	Mr Cooper

Beginner Debate

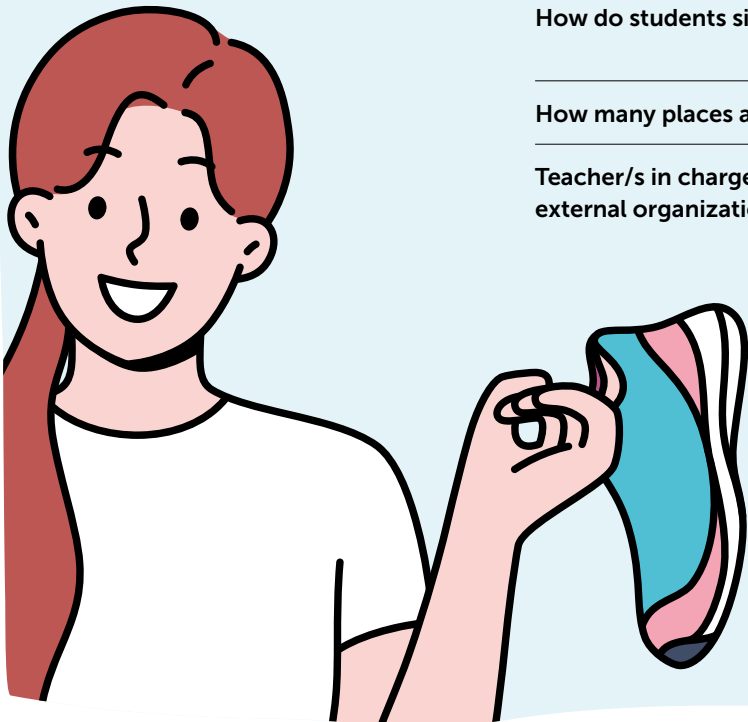
Description of enrichment activity	This is the debate club for those who wish to learn how debate and represent the school. You should have no prior experience of debating. The debate format is MACE and the weeks will alternate skills sessions and practice debates. Debating is a year-long commitment and requires regular attendance if you want to be competitive.
Date and/or frequency of activity	Tuesday, 3.10-4.00pm
Year group	Mainly Year 7, but those in KS3 who are beginners may join
Cost	Free
Location/Room	W5
How do students sign up?	Via the Google Classroom Enrichment Form and attendance at the first session.
How many places are available?	30
Teacher/s in charge and external organizations	Mr Cooper

Model United Nations	
Description of enrichment activity	Model United Nations (MUN) Club develops students' skills in debating, public speaking, diplomacy and global awareness. Members represent different countries, research international issues, and collaborate to find solutions through formal debate and negotiation. MUN is ideal for students interested in politics, international relations and leadership.
Date and/or frequency of activity	Every Monday, 3.10-4.30pm
Year group	Yr 12-13
Cost	Free
Location/Room	F6
How do students sign up?	Attendance at first session
How many places are available?	30
Teacher/s in charge and external organizations	Ms Linden and Mr Cooper

PE

Basketball	
Description of enrichment activity	Basketball U16 & U15
Date and/or frequency of activity	U16 Thursday 3.10-4.10pm U15 Friday 3.10-4.10pm
Year group	Yr 8,9 & 10
Cost	Free
Location/Room	Netball courts
How do students sign up?	Via Google Classroom Enrichment form
How many places are available?	28
Teacher/s in charge and external organizations	Cheryl – external

Football	
Description of enrichment activity	Football
Date and/or frequency of activity	Wednesday 3.10pm- 4.10pm
Year group	Yr 7-13
Cost	Free
Location/Room	Netball Courts
How do students sign up?	Via Google Classroom Enrichment form
How many places are available?	25
Teacher/s in charge and external organizations	External



Cheerleading with Ultimate Cheer

Description of enrichment activity	Join Cheerleading to build confidence and teamwork while learning cheers, stunts, and routines. Whether you're experienced or brand new, you'll find a supportive team ready to help you grow and shine! This year we will participate in inter-school competitions!
Date and/or frequency of activity	Mondays 3.15-4.30pm
Year group	Yr 7-10
Cost	£60
Location/Room	Dance Studio
How do students sign up?	Via the Google Classroom Enrichment Form
How many places are available?	25
Teacher/s in charge and external organizations	External – Angels Cheerleading

Cycling at Boom Cycle Hammersmith

Date and/or frequency of activity	3.30pm-4.00pm Tuesdays – Tuesday 29 th Sept, 6 th Oct, 13 th Oct and 20 th Oct
Year group	Yr 11-13
Cost	£20 for 4 sessions
Location/Room	Meet outside the chapel at 3.15pm to depart for Boom Cycle
How do students sign up?	Via the Google Classroom Enrichment Form
How many places are available?	18
Teacher/s in charge and external organizations	Boom Cycle Hammersmith

Netball

Date and/or frequency of activity	Netball is currently being organised. Look out for further notices
Year group	
Cost	
Location/Room	
How do students sign up?	
How many places are available?	
Teacher/s in charge and external organizations	



Sacred Heart Rowing Programme

2026/2027



A new rowing approach in 2026/2027

Year 9 September 2026

Learn to Row:

This programme is a 6-week beginner programme for max. of 20 students per group. There will be two groups running concurrently in the first term. If you want your daughter to do this in term one you must sign her up using the link below. Your daughter will be assigned to group 1 starting in September or group 2 starting in November. If more than 40 students want a place we will revert to the criteria as per the sign up sheet. **Students who have completed this learn to row programme in Term 1 will then be invited to continue rowing every week after Christmas for the rest of the year as part of a NEW Year 9 Development Team.**

Year 10 September 2026

The Year 10 offer will be rowing twice a week Tuesday and Thursday afterschool at 3.30pm. This starts on the 14th of September. If you sign up for this you must commit to these days and times. These cannot be changed. More sessions will now also be offered in later in the academic year for Year 10s to prepare them for racing opportunities. That information will follow later in the academic year.

Teacher in charge: Ms McCarthy

Watch for notices about Spring sign-up in December

Sacred Heart Rowing Programme

2026/2027



A new rowing approach in 2026/2027

Years 11-13

Option 1:

Seniors Development Team: This will be a relaxed approach, focusing on improving skills, social aspect of rowing together as a team, choosing land or water. There will be 3 sessions a week. You must commit to the 3 sessions. Sessions will be Monday afterschool 3.45pm start, Tuesday and Thursday morning sessions before school start 6.45am start. These days and times cannot be changed. This group will start on 14th September.

Option 2:

Seniors Racing Team: This will be a group that will be aiming and training to race. Training will be more intensive including land training especially on erg, monthly testing, racing. There will be 5 sessions a week. Times will be Monday 3:30pm-5pm, Tuesday 6:45am – 8:05am, Wednesday 3:15-4:15pm (Land), Thursday 6:45am – 8:05am, Sunday 2:30-4pm. You must commit to the 5 sessions, although if a particular day is an issue let me know via email and I will review if we can do anything. This group will start on 7th September.

Teacher in charge: Ms McCarthy

Watch for notices about Spring sign-up in December

Sociology and Psychology

Meditation Club	
Description of enrichment activity	Meditation Club
Date and/or frequency of activity	Monday 3.10-4.00pm
Year group	Yr 7-13
Cost	Free
Location/Room	M6
How do students sign up?	Via the Google Classroom Enrichment Form
How many places are available?	20
Teacher/s in charge and external organizations	Ms Pethiyagoda



RE

Girls Human Rights Hub	
Description of enrichment activity	Girls Human Rights Hub
Date and/or frequency of activity	The first Monday of every month – Monday 5 th Oct, 2 nd Nov and 7 th Dec for Autumn
Year group	KS 4 and 5
Cost	Free
Location/Room	Bute Hall Study Room
How do students sign up?	Via the Google Classroom Enrichment Form
How many places are available?	30
Teacher/s in charge and external organizations	Ms Maton Ms Sandra Carvalho (external link to the Girls Human Rights Hub)



Science

TFL Society	
Description of enrichment activity	
Date and/or frequency of activity	Once a month
Year group	KS3 PP students
Cost	Free
Location/Room	
How do students sign up?	
How many places are available?	
Teacher/s in charge and external organizations	Ms Filipiak

Physics in Action	
Description of enrichment activity	Discover the latest cutting-edge research delivered in an engaging manner to complement the curriculum.
Date and/or frequency of activity	26 th November 2026
Year group	Yr 12 & 13 Physics and BTEC
Cost	£25
Location/Room	Emmanual Centre
How do students sign up?	Via the Google Classroom Enrichment Form
How many places are available?	20
Teacher/s in charge and external organizations	Ms Nikaj

British Physics Olympiad Round 0 and 1	
Description of enrichment activity	To test physics knowledge through one written test
Date and/or frequency of activity	Thursday 1st October 2026 & Thursday 12th Nov 2026 (if pass round 0)
Year group	Yr 12 and 13 Physics students
Cost	Free
Location/Room	Science labs
How do students sign up?	With their physics teacher
How many places are available?	Unlimited
Teacher/s in charge and external organizations	Ms Nikaj



Enrichment Trips in the Summer Term!

Check the subject pages or with teachers for more detail.

Drama	Production of My Neighbour Totoro	Yr 8
History	Parliament Trip	Yr 11-13
Classics	British Museum	Yr 7-13
MFL	Madrid Trip	Yr 10-13 Spanish Students

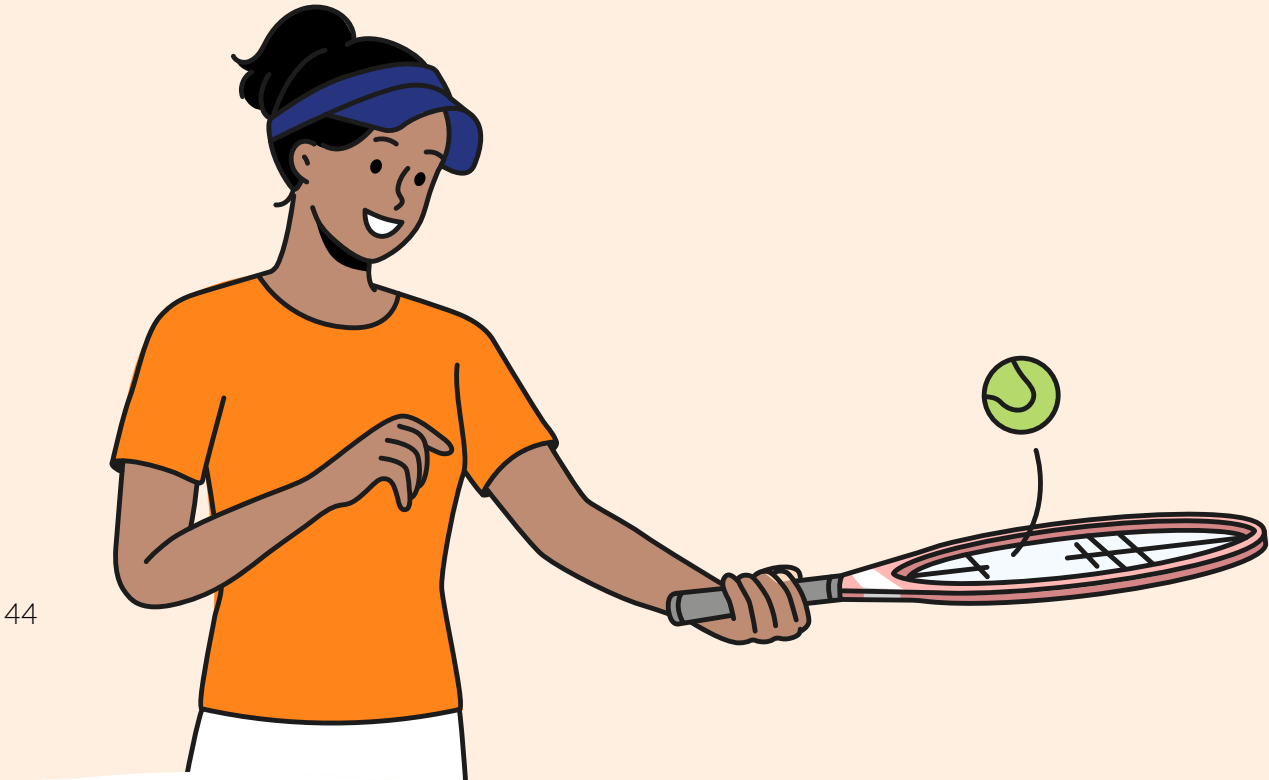


Monday

Activity	Year groups	Time	Location
Cheerleading with Ultimate Cheer	Yr 7-10	3.15-4.30pm	Dance Studio
Band rehearsals	Yr 7-13	3.10-4.00pm	Recording Studio
LAMDA	Yr 7-13	30 min slot	F1B
Drama Club	KS3	3.10-4.00pm	Old Gym
Knitting Club	Yr 10-13	3.10-4.00pm	E5
Dystopian Screen Society	Yr 10-13	3.10-4.00pm	F1
Yr10-13 Book Society	Yr 10-13	3.10-4.00pm	Library
GCSE Latin Club	Yr 11	3.10-4.00pm	E3
Chamber Choir	Yr 7-13	3.10-4.00pm	Chapel
Model UN	Yr 12-13	3.10-4.30pm	F6
Meditation Club	Yr 7-13	3.10-4.30pm	M6
Girls Human Rights Hub	Yr 10-13	First Monday of the month – 5th Oct, 2nd Nov, 7th Dec	Bute Hall upstairs

Tuesday

Activity	Year groups	Time	Location
Band rehearsals	Yr 7-13	3.10-4.00pm	Recording Studio
LAMDA	Yr 7-13	30 min slot	F1B
Gift Making	Yr 7-13	3.10-4.00pm	M6
Girls Can Code	Yr 7-9	3.10-4.00pm	G4
Geography Newspaper Club	Yr 7-11	3.10-4.00pm	W5
Portuguese Club	Yr7-11	3.10-4.00pm	R11
Orchestra	Yr 7-13	3.10-4.00pm	G6
Show Choir	Yr 7-13	3.10-4.00pm	G9
Beginners Debate Club	Yr 7 and any new KS3	3.10-4.30pm	W6
Dance	Yr 7-11	3.10-4.30pm	Dance Studio
Cycling at Boom Cycle	Yr 11-13	3.30pm 4 Tuesdays – 29th Sept, 6th Oct, 13th Oct and 20th Oct	



Wednesday

Activity	Year groups	Time	Location
Year 7 Arts Club	Year 7	3.10-4.00pm	Art Rooms - S1
LAMDA	Yr 7-13	30 min slot	F1B
Classics Club	Yr 7-13	Wednesday Week A 3.10-4.00pm	F11
Shakespeare School's Festival – A Midsummer Night's Dream	Year 9	Rehearsals Wednesday 3.10-4.00pm	Old Gym
3D Modelling	Yr 9-10	30th Sept, 7th,14th,21st Oct and 4th Nov	DT1
Quilting	Yrs 7-13	3.10-4.00pm	DT2
Harry Potter Club	Yr 7-13	3.10-4.00pm	F8
Story Writing Club	Yr 7-8	3.10-4.00pm	Library
Further Maths	Yr 11	3.10-4.00pm	Maths Rooms
Senior UKMT Challenge	Yr12-13	7th October during school	Maths Rooms
Schola Cantorum	Yr 8-13	3.10-4.00pm	G6
Intermediate Debate Club	Yr 8-9	3.10-4.30pm	W5
Football	Yr 7-13	3.10-4.00pm	Netball courts
Science Live	Yr 12-13	19th November	Emmanuel Centre

Thursday

ACTIVITY	YEAR GROUPS	TIME	LOCATION
LAMDA	Yr 7-13	30 min slot	F1B
Christmas Card Making Workshop	Year 8	Thursday 3rd December 3.10-4.10pm	S1
Theatre Trip – My Neighbour Totoro	Yr 8	Thursday 10th December matinee	Gillian Lynn Theatre
KS3 Book Club	Yrs7-9	3.10-4.00pm	Library
Yr 7 Choir	Yr 7	3.10-4.00pm	G9
U16 Basketball	Yr 9 and 10	3.10-4.00pm	Netball courts
Neurodivergent Girls Social Club	Yr 7-13	3.10-4.00pm	M6
Physics in Action	Yr 12-13	26th November	Emmanuel Centre
British Physics Olympiad	Yr 12 –13	1st October	Science Labs

Friday

Activity	Year groups	Time	Location
LAMDA	Yr 7-13	30 min slot	F1B
Enterprise Society	Yr 12-13	Friday 11th December 2026	Old Gym
Jazz Band	Yr7-13	3.10-4.00pm	G6
Advanced Debate Club	Yr 10-13	3.10-4.30pm	F6
U15 Basketball	Yr 9 and 10	3.10-4.00pm	Netball courts





Enrichment

Autumn 2026



Sacred Heart High School