



Sacred Heart High School



Welcome to the inaugural Sacred Heart High School Arts Week 2023!



At SHHS, we are passionate about the arts. Whether it is drama, music, painting or any other type of creative expression, we believe that the arts belong at the centre of school life. Arts Week is a chance for us to show our dedication to the arts and bring a range of exciting creative opportunities to all our students.

What is Arts Week?

Arts Week is in the last week of term, from Tuesday 11 July till Thursday 13 July. During this time, the normal school teaching timetable will be suspended and all students will be given their own timetable of lessons and events.

During this time, all students will be given the chance to develop their skills, knowledge and understanding in one particular area of the arts. We have selected 12 different arts areas and designed a programme of activities for each one, which includes learning, experience, creativity and performance. These different programmes (called strands) are described in this brochure.

Your task is to read the options in the brochure and then choose your top three strands. You will then fill in a Google Form, which will be shared with you by your tutor, explaining what your top three choices are. The deadline for making your choice and filling in the Google Form is Monday 5th June – the Monday after the half term break.

We cannot guarantee that you will get your first choice, but you will definitely get one of your top three choices.

It does not matter which year group you are in, as to which strand you choose. The groups will be made up of students from all year groups and Year 12s will be taking leaderships roles in each group.

You will be asked to make a voluntary contribution of £10 to cover the cost of trips and materials for the week. Please contact us if there are any problems with this.

At the end of the week there will be an opportunity for parents to visit the school and see the work that has been produced by the students in each strand. Look out for more information about this.

As each strand includes elements of creativity and performance or display, there will be rewards for students who produce the best work.

It should be a brilliant opportunity to learn more about a subject that really interests you and with such a range of topics, there should be something for everyone.

Make sure that you look through the brochure carefully before you make your choice.

1. Telling Stories

Learning

This strand is all about helping you to find your voice as a writer. You will learn about how important stories and storytelling have been to humanity throughout history. You will learn how stories and language shape and reflect our identities, help us build communities and reveal important truths. You will learn how to tell your own stories in ways that engage, delight, and inspire your reader.

Experience

This strand is all about how to tell stories, so for your experience you will take a trip to a place full of inspirational objects. We will spend the time thinking about the stories behind these objects and using their surroundings to help us form our own narratives. We will also have support from expert storytellers who will help inspire you to write about the hidden stories of the things around us. You will keep a writers journal for the whole week to record the evolution of your ideas and creative process.

Creativity

For your creative task you will plan and write an amazing piece which tells the story of the object that you have chosen. You will be given a range of ideas but the final decisions and writing will all be down to you. You will craft and draft the story until it is of the highest quality and demonstrates the power of your individual voice.

Performance

The stories will be performed in a radio style production with music and sound effects to match your narrative. We will also create a display of your stories and objects in the English Faculty corridor so that everyone can see and read your writing. The best story will be published in the Headteacher's Newsletter at the end of the academic year.



2. Poetry

Learning

This strand is all about helping you to create a distinctive voice and style as a poet. Throughout the week, this strand will explore how poetry is used as a powerful medium for expressing thoughts, feelings and ideas. You will learn about the powerful female poets who shaped literary history and left a lasting impact on our culture. By the end of the week, you will craft engaging and thought-provoking poems that reflect your uniqueness and individuality as a writer.

Experience

This strand is all about how to write poetry, so for your experience, you will take a trip to the National Poetry Library to see the Poets in Vogue exhibition, which displays the fashion and poetic works of seven women poets. Here, you will learn about aspirational female poets, their influences and experiences. At the end of the trip, you will choose one poet's work as the inspiration for your own poetry.

Creativity

For your creative task, you will plan and write poetry focusing on your experience as a young woman in 2023. Taking inspiration from your chosen poet, you will use their style, preferred themes, life-story or objects to influence your writing. Although you will learn about different types of poetry to help guide your writing, the final poems are entirely your creation. You will spend the week writing and drafting your poetry, which will then be compiled into a poetry anthology that focuses on young women's voices.



Performance

The completed collection of poetry will be show-cased in a spoken-word style performance. Our audience will vote on their top three favourite poems which will then be performed in upcoming assemblies. The entire anthology collection will be published and shared with parents and the school library as a model of the excellent creativity and distinctive voices of Sacred Heart pupils.

3. Musical Mania

Learning

We know you love to listen to musical soundtracks on YouTube and Spotify so why not spend three days singing, dancing and acting together with other students and become a musical theatre star!

Students will have the opportunity to choose one of four musicals and throughout the week students will learn to sing a song, act a scene and dance a number from their chosen show. This will all be done in groups or as a chorus.

The musicals to choose from are: Grease, Hamilton, Mamma Mia and Bring It On –so grab some friends and spend the week in musical mania!

Experience

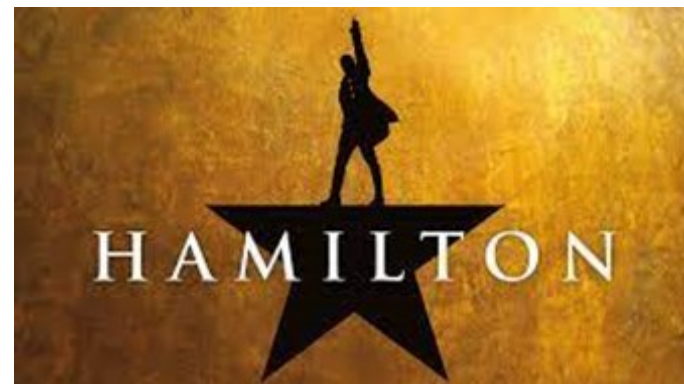
In this strand, all students will have the opportunity work with industry professionals with experience on London’s West End stage. They will provide invaluable tips, tricks and guidance for their musical theatre pieces and give insight into the industry.

Creativity

For your creative task you will perform in groups, a song, dance and acting scene from your chosen musical, having completed workshops in singing, dancing and acting throughout the week.

Performance

The musical numbers will be performed on the final day of Arts Week to a live audience in a fantastic showcase of the talent at Sacred Heart High School.



4. Technical Theatre

Learning

Have you ever wondered about the tech that goes in to a West End show? Or perhaps you have looked up at the theatre and admired all the lighting and tech equipment? This strand is for anyone who is interested in set, costume, lighting, sound and projection and is keen to learn how to design for theatre and operate equipment.

Experience

Students will spend a full day at LAMDA (London Academy of Music and Dramatic Art) where they will participate in a bespoke workshop focusing on technical theatre and the use of lighting and sound specifically. Students will have a hands-on experience with the equipment led by an expert.

Creativity

For your creative task you will design the set, costumes, lighting and sound for Alice in Wonderland. The project will take the form of a 'living museum' created inside a classroom, where audience members are immersed into a theatrical world through your set, costume, lighting and sound ideas created in groups.

Performance

On the final day, students will showcase their work where the audience will be immersed into the world of Alice in Wonderland through set, costume, lighting and sound.



5. Dance

Learning

From Tiktok to Strictly Come Dancing, it seems like there has never been so much interest in the amazing artform of dance. This strand is all about developing your knowledge, skills and abilities as a dancer. You will learn about careers in dance, different genres of dance and, most importantly, how to improve your own skills as a dancer and how to choreograph and amazing dance routine.

Experience

In this strand, you will take part in a dance workshop run by dance teachers and visit a theatre to watch a live performance by professional dancers. You will have the chance to speak to experts about their experiences both as dancers and choreographers. You will learn about careers in dance and the physical demands and benefits of dancing.

Creativity

For your creative task you will plan and choreograph a dance of your own in groups using either one or more of the different styles of dance you have been learning about. You will think about genre, music and how you will tell a story in dance to your audience. You will use all the skills you have learned to create the most amazing piece possible.

Performance

You will perform the dance that you have created in a Strictly Come Dancing contest. This will be watched by students, teachers and other visitors to the school. The winning performers will be crowned SHHS Dancers of the Year – we might even throw in a mirror-ball trophy!



6. Art

Learning

This strand is all about learning how to express yourself through Art. You will learn how to use particular mediums and techniques as vehicles for self-discovery and personal expression. You will learn to think like a professional artist, from the solo and collaborative idea generation process, designing and developing your ideas, the making process and finally exhibiting your fantastic artwork.

Experience

This strand will give you the opportunity to take part in a workshop with a professional artist, learning from their expertise and gaining valuable insight into being an artist in the professional world. You will create artwork alongside them, discovering new techniques and ways of making artwork through risk taking and practical hands on experience.

Creativity

For your creative task you will make your own individual piece of artwork, thinking like a true artist based on your experiences in the artist workshop. You will have developed your ideas for this piece through artist inspiration, designing and refining and then most excitingly, the making. You will think creatively and independently, developing your own artistic flare and style.

Performance

You will be putting on an exhibition like a true artist! You will curate the exhibition, making artistic decisions about how you want your artwork to be displayed and seen by others. You will get to get to celebrate your hard work through proudly showing and talking about your creativity and making process to the other students and staff at Sacred Heart.



7. Design

Learning

Good design is at the centre of all of our lives. From furniture, to shop, to technology, making your design desirable, functional and attractive is at the core of the designer's role. This strand will focus on one specific type of design – book covers. You will learn about the history and development of the book cover, the importance of the book cover in attracting readers and selling copies, the design process itself and, most importantly, how to design your own book cover for a novel or story of your choice.

Experience

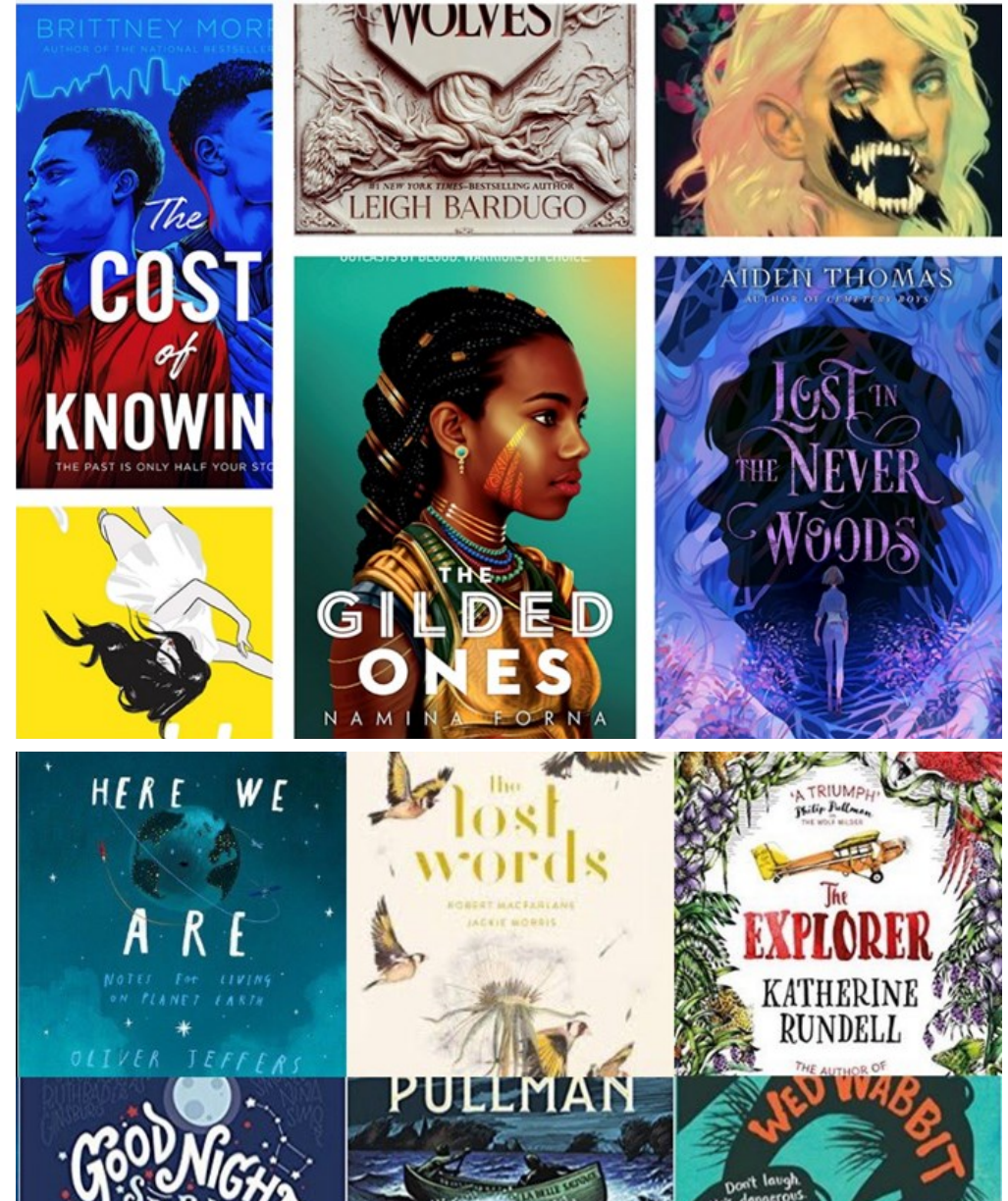
The experience for this strand involves different aspects. You will meet and work with book cover designers, who will share their skills and expertise. You will visit museums and book shops to investigate books covers for different genres and target audiences. You will also learn how to use the artistic and design applications to make your own designs look professional.

Creativity

You will create a book cover design for a novel or short story of your choice. You will research designers inspire you, put together a portfolio of ideas and research, work through the development of your own ideas with feedback and suggestions, and create an actual version of the cover of your novel. All of your work will be presented in a portfolio which you will use to keep a record of your progress.

Performance

All of the completed book covers and portfolios will be exhibited for students, parents and visitors to the school. You will also make a short presentation video explaining your research, influences and design choices. The best design will win the coveted SHS Young Designer of the Year Award.



8. Fashion

Learning

In this strand you will explore fashion illustration and collage as a tool to investigate and develop your understanding of fashion design. You will learn about the processes involved in developing a collection, including theme development, research techniques and presentation, textile and pattern development, fabric and paper manipulation.

Experience

A visit from a fashion industry insider will give you a more in depth understanding of the industry as a whole and the creative process. This insider knowledge would be invaluable to any budding young designers or fashion creatives.

Creativity

For your creative task you will begin the process of developing a mini collection through research, development and experimentation. You will be given a range of starting point themes that you will develop into a personal body of work that you will present to your fellow fashion students. Collaborative work will give you a sense of what it is like to work in a creative team.

Performance

Your personal and collaborative work will be showcased as a fashion presentation displayed for the school community. Photographs and a video presentation will be shared on the school's twitter feed for the world to see and prizes will be awarded for creativity and originality at the opening of the presentation.



9. Architecture

Learning

This strand is all about helping you to develop your designing, making and problem-solving skills in the development of a specific building type. You will learn how Architects design and collaborate as the building concept evolves from an intense period of research and analysis and ultimately responds to the needs and wants of the building users. You will learn how architects respond to the built environment but still manage to produce a unique series of spaces for others to use.

Experience

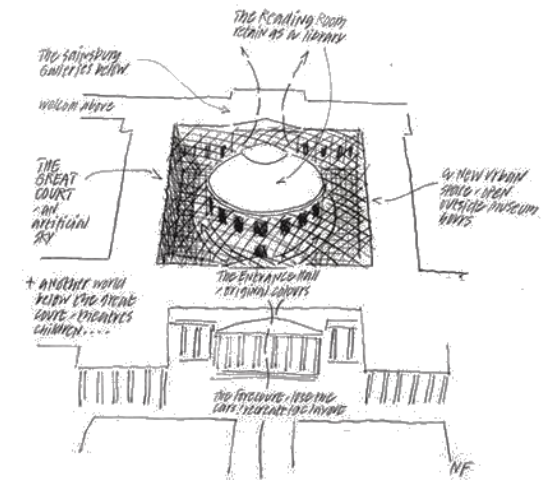
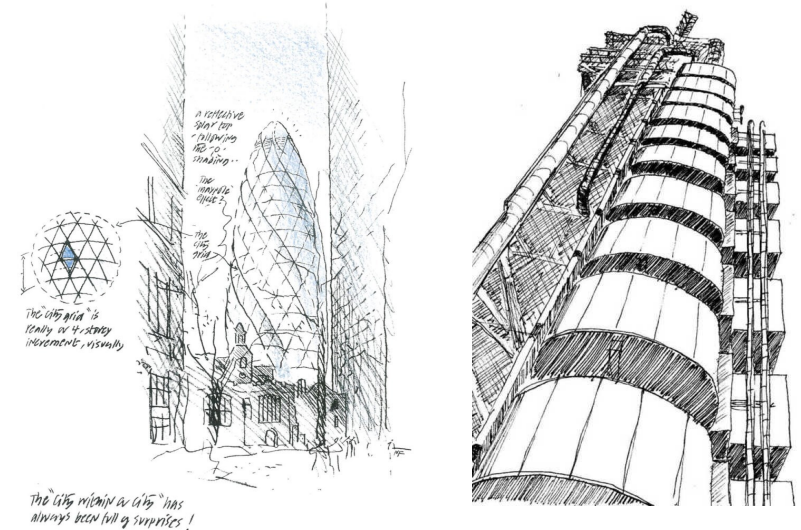
You will visit London landmarks and see professionally made models with which to base your own outcome. You will be shown how to develop the concept to the reality in a range of ways. Ultimately you will need to work with others and to develop and make a successful building which satisfies all of the needs of the user and the surroundings. This type of project is normally unleashed in Year 12 but you have the opportunity to show your true self - are you daring and hardworking enough to accept the challenge?

Creativity

For your creative task you will make a scale model of a building. You will work in small groups, plan the building in terms of functionality and respond to the surrounding built environment. Collaborative skills are needed and creativity is critical to design and make a building that works not just on the outside but also on the inside. Making skills will need to be developed in the workshop and your thinking and problem-solving skills will be tested in the most intense and unprecedented timescale ever experienced at Sacred Heart High School.

Performance

The building concept and potential will be explained to the rest of the group as an interactive assessment session. The model itself will be displayed in the exhibition area of the Design Technology Department with a description of the building and how it managed to hit all of the specification points from the start of the project. You must show the thinking involved in the building concept in a clear and precise manner so that others may understand the demands of the design brief and your interpretation of the design constraints. May the best team win!



10. Photography

Learning

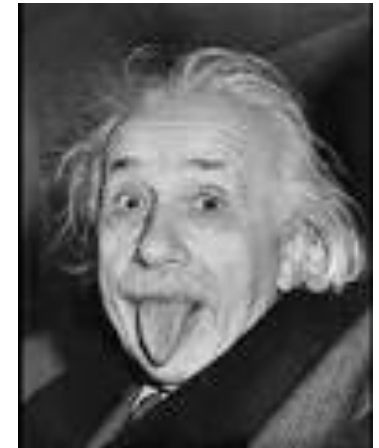
This experience will help you to understand and appreciate photography. You will learn about the origins of early photography and how it has informed our understanding of contemporary human history and society. You will learn how iconic images of the world have helped shape our attitudes to love, war, poverty, the portrait, animal photography and the natural world. Photography, image-making is crucial to telling good stories – and preserving moments in time for ever.

Experience

This strand is all about how to tell stories through images, so for your experience you will visit the National Portrait Gallery to see one of the best collections of photographs of people who have made history in the world. In a workshop you will also experiment with your own photographs and the basics of how to take a good photograph yourself. You will learn the grammar of good photography – how to understand what makes good composition of a photograph, how to use light and shade to add drama to your own photographs and what makes an arresting image.

Creativity

For your creative task you will plan and take a sequence of photographs experimenting with different forms and compositions to develop your skills and bring together all you have seen and learned throughout the week about what makes an amazing photograph. Inspired by the collections and images you have seen, you will be able to showcase a particular style and feel of photography you are inspired by to develop your talent.



Performance

The photographs you have thought about and taken during the course will be printed and displayed to the rest of the group in the final session. You will explain how and why you decided to take the shots you did, what you hoped to achieve and what story you wanted to tell through photography. The photographs will then be collected together in an anthology along with descriptions of how and when they were taken. This anthology will be published and shared with parents and will be used to display the visual creativity and skill of the students at Sacred Heart High School.

11. Film

Learning

Are you a budding Spielberg itching to make the next blockbuster? Do you love being scared to death by horror movies? This strand is all about learning the process of telling stories through film. You will look how film makers use the techniques of film to engage, delight and terrify their viewers. You will learn the language of film and develop your understanding of film genre. You will come out with all the skills necessary to take Hollywood by storm!

Experience

You will take part in a workshop delivered by experts in the film industry, covering film history, screenwriting and camerawork, as well as onscreen fight choreography. The workshop will teach you the skills that you need to carry out your creative task. You will also get the chance to learn about how to enter the film and television industry and hear from industry insiders about what will give you the edge in this competitive business.

Creativity

Once you have mastered the skills you need to make a film, it's up to you to plan and shoot your own Ten-Shot Film in a real-world environment: you must fulfil specific roles within your teams and hit project deadlines to be in with a chance of winning the coveted Best Film award! This is a chance to find your own voice as a film-maker and use all of your creativity, resourcefulness and organisation to make something great.

Performance

Your films will be shown as part of the Arts Week Film Festival where a panel of judges will decide which film-maker will take away the coveted Best Film Award. The best films will also be shared over the school's social media platforms. This is a real chance to make your mark as a future film maker, or even a future film star!



12. Classics

Learning

This strand will allow you to delve into the exciting world of Ancient Rome - a fascinating civilisation which flourished approximately 2,000 years ago. Although Rome is now just the capital of Italy, it used to expand across much of Europe (even the UK!). You will learn about the nature of everyday life in Ancient Rome, and recognise that we are not so different from people who inhabited this earth nearly two millennia ago!

Experience

This strand will focus on the experiences and responses of ordinary people who lived in different cities around the Roman Empire. You will get to experience how people dressed, how women styled their hair (you will be impressed with how difficult it was!), how people decorated the floors of their homes and even how they created stamps. You will be amazed at how such an 'ancient' civilisation was in fact very 'modern.'

Creativity

For your creative task, you will be selecting one of many different workshops on offer, including making a replica of a Roman statue, making a stamp (out of vegetables!), creating a floor mosaic and even dressing and styling your hair like a Roman woman (it was not as straightforward as it is now!)



Performance

You will be presenting your work to the rest of the group- perhaps you will be showing off a 2,000-year-old hairstyle and dress, or perhaps you will present to the others your replica of a Roman shield or famous Roman statue. All these workshops will culminate in a celebration of the ancient world and an appreciation of the ingenuity of people alive so long ago....



Sacred Heart
High School

ARTS WEEK 2023