



Sacred Heart High School

Covid Update, September 2021

The school is following the latest government advice, which balances the need to do what we can to prevent the spread of Covid, with the need at the same time, to ensure that absence from school is kept to an absolute minimum.

QUESTION	ANSWER
What if your daughter is a close contact of someone else with symptoms who has not yet had a positive test result?	Your daughter comes into school as normal.
What if your daughter is a close contact of someone else who has tested positive?	<p>You should arrange for your daughter to get a PCR test asap, <u>but she should continue to attend school while awaiting the test results.</u></p> <p>We suggest that it would be sensible perhaps for your daughter to wear a mask while awaiting the test results (hopefully only 1-2 days).</p>
What if your daughter tests positive on a rapid lateral flow test?	<p>You should report this to the school using covid@sacredh.lbhf.sch.uk and your daughter must self-isolate.</p> <p>You should arrange for your daughter to Get a PCR test (test that is sent to a lab) ideally the same day, to confirm the result. Your daughter must stay away from school while waiting for the PCR test result. If the PCR test result is negative, she can return to school.</p>
What if your daughter tests positive on a PCR test (sent to the lab)?	<p>You should report this to the school using covid@sacredh.lbhf.sch.uk Your daughter must self-isolate, for 10 full days after the date of the first positive test or in line with advice from NHS Test & Trace.</p>
What if your daughter has symptoms of Covid (however mild)? <i>The main symptoms of COVID-19 are:</i> <ul style="list-style-type: none">• a high temperature• a new, continuous cough – this means coughing a lot, for more than an hour, or 3 or more coughing episodes in 24 hours• a loss or change to sense of smell or taste – this means they cannot smell or taste anything, or things smell or taste different to normal	<p>Your daughter must self-isolate and you should arrange for her to Get a PCR test (test that is sent to a lab) as soon as possible. She can only leave home to get the test.</p> <p>If the PCR test result is negative, your daughter can return to school immediately, unless she is otherwise sufficiently unwell.</p> <p>What happens with other people in your household?</p> <p>Other people in your household <u>do not need to self-isolate</u> even if the PCR test of your daughter is positive, so long as they are double jabbed or under 18 years 6 months. If the test is positive, they are then seen as a close contact of a positive case and instead of self-isolating they are required to get a PCR test themselves.</p> <p>Check if you and anyone else your child lives with need to self-isolate.</p>

QUESTION	ANSWER
What measures are in place in school to prevent the spread of Covid?	<p>Everyone will be encouraged to clean their hands regularly (soap and water or hand sanitiser). There are hand sanitiser stations in corridors across the school.</p> <p>Everyone will be reminded of the importance of 'catch it - bin it - kill it' for coughs and sneezes. Use a tissue and throw it away; cough into your elbow.</p> <p>Masks are no longer required to be worn, but pupils may wear a mask if they wish.</p> <p>We must ensure a comfortable learning environment but ventilation is still very important. Windows to be opened in classrooms and elsewhere.</p> <p>Regular cleaning arrangements are in place.</p> <p>All pupils and staff encouraged to test twice weekly at home using a lateral flow device.</p>
What happens if Covid starts spreading in school?	<p>The school has contingency measures in place.</p> <p>Using government thresholds, if 5 people who are likely to have mixed closely, test positive for COVID within a 10-day period then some stronger control measures may need to be introduced.</p> <p>These would be discussed with our local public health protection team and escalated to Public Health England as necessary.</p>
