

from the
heart

Weekly Bulletin

29 March 2021



This edition includes

Update on reporting home Covid Test Results to the school.

Consultation on our plans for a new Performing Arts Centre.

News from the Kairos Centre

Historical Fiction Competition for Years 7-9

Reporting Absence email.

Reminder of Covid Safety information, staggered & school day timings.

Contact details



The great gift of Easter is hope - Christian hope which makes us have that confidence in God, in his ultimate triumph, and in his goodness and love, which nothing can shake.

— Basil Hume —

AZ QUOTES



Dear parents/carers,

Since our return to school much has been put in to support our recovery curriculum plans which will take effect from the beginning of the summer term. This includes a partnership with the National Tutoring Programme to provide interventions for small groups in KS3 in English and Maths and adaptations to our PSHE curriculum to support mental health and wellbeing during lockdown.

Teaching staff have also been working really hard planning for our core assessment period for Years 11 and 13 to support the process of centre assessed GCSE and A level grades. We are hugely thankful to them for their professionalism, hard work and diligence in their approach, despite the considerable additional burdens the process has place on them.

We look forward to the new term with optimism and hope. We thank you as always for your continued support and we wish you and your families a very peaceful and holy Easter.

Yours in Christ,

Mrs M Doyle & Mrs S O'Donovan
Headteacher Associate Headteacher



Reporting home Covid test results

When should my daughter be testing?

Your daughter should be completing a home test every Sunday evening and Wednesday or Thursday evening. The result of the test should be uploaded to the NHS website as per the instruction booklet. By accepting the home testing kits, you have consented to completing the tests and sharing the results as described. This is key to us keeping our school community open and safe for everyone.

Distribution of Test Kits

The testing kits for use over Easter are being distributed on Tuesday. Parents should check their daughter's bag and store these somewhere safe for use from 11th -29th April.

How and when do we report results to school?

Every test result must be reported to school but at the moment the reporting rate is only at 50%. Hopefully as the reporting system embeds, this will improve and 300 more parents signed up for Edulink last week –thank you! This makes collating the results far easier. We need to follow up with anyone not reporting the results.

Negative and Void Results

These must be reported on EduLink. The forms on EduLink 'appear' on a Sunday and Wednesday and contain the date that the test is taken in the heading for ease. They 'close' at midday on the day after the test. The form for Wed/ Thurs test appears on Wednesday and closes on Friday at noon.

Positive Results

Positive cases should be reported immediately to covid@sacredh.lbhf.sch.uk

I don't have EduLink – can I email results instead?

EduLink is a free app or can be accessed via a web browser. All parents have a login and password. If you don't know yours, please email: info@sacredh.lbhf.sch.uk. Whilst you are awaiting a response, please email the test result to covidconsent@sacredh.lbhf.sch.uk stating your daughter's name and form and whether the test was negative or void. Edulink really is the quickest and easiest way for you to report results and for us as a school to collate them – we are gathering close to 2000 test results a week.

My daughter doesn't want or isn't able to test at home: what can we do?

If your daughter is unable or unwilling to test at home please email covidconsent@sacredh.lbhf.sch.uk to register for in-school testing. You will need to return the home testing kits and she can test after school on Tuesdays and Fridays during term time.

How do we get more testing kits?

Your daughter will be issued with two more testing kits this week for use through the Easter holidays. Please continue to follow the same twice weekly pattern and continue to report the results to school using EduLink. Your submitted results help us to know that home testing is taking place, without this information we are unaware if the tests are being carried out as directed.

Can I get further free test kits for other members of my household?

The home test kits provided by the school are for pupil (or staff) use only but you can order more free lateral flow test kits to test other members of your household twice a week by using this link: <https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests>

Many thanks for your ongoing support.

Performing Arts Centre Public Consultation



Today represents the start of the formal Public Consultation on our plans to turn our old gym into a Performing Arts Centre which we hope will lead to planning permission being granted.

The link below will take you directly to the Public Consultation page on our website. Here you will find our plans with a short video presentation. You will also be invited to have your say on the project and we encourage as many parents and carers as possible to make comments. Your comments will not be visible to others on the website.

Click this link to see plans, video presentation and the comments form.

<https://www.sacredhearthigh.org.uk/new-performing-arts-centre>

In recent years, sports facilities have been improved by the addition of a new sports hall (part of the Calder Building), replacing the old gym.

This has freed up the old gym as a space to repurpose and our priority is to improve facilities for the performing arts. We sorely need facilities for concerts and choir performances; a theatre space for plays, musicals and dance performances; a facility with suitable acoustics and technical equipment to engage those interested in sound engineering and lighting; an enhanced facility for visiting lectures; for the appreciation of film; for debating and a host of other activities. We are in desperate need of a multipurpose space to serve the needs of our pupils today, and for generations to come.

The **Arts Curriculum** is highly valued at Sacred Heart and deserves better facilities. Such a centre would bring benefits for extra-curricular activities which are so important for the pupils' development.

We are proposing to create a flexible use space, in response to the value we place on our Arts Curriculum and extra-curricular enrichment. It would also be available to the wider community such as local schools and theatre groups - with the benefit of direct access from Bute Gardens.

Please do leave comments on through the link above. Thank you.

Write your own Historical Fiction Competition

Competition open to pupils in Years 7, 8 & 9

Any questions? Please ask your history teacher

The History department has been impressed with the excellent historical fiction stories they have received for the last two competitions. The past entries have displayed excellent enquiry skills, intellectual confidence and imagination. A range of stories have been written by Sacred Heart pupils from the struggles of Joan of Arc to 1960's America and its 'counterculture' movement.

This year's KS3 competition was launched on Monday 22 March. The best five entries will be sent to the Historical Association's national competition. Prizes and certificates will be handed out to the winning entries.

Electronic entries only. Word limit 400– 3,500 words

DEADLINE: You have to email your finished story to Mr Shetcliffe by Monday 3 May 2021.

Historical fiction: a story which is set in the past. This can either be 1st or 3rd person. The judges will be looking for:

- Historical accuracy
- A riveting read with a good plot
- A convincing story
- Use of historical knowledge
- Effective use of historical vocabulary and literacy conventions
- Creative and interesting perspectives



*This is an exciting opportunity to create your own historical fiction story from **any time period.***

*You have the opportunity
to win a **cash prize** and be
entered into a **national
competition!***



intellectual
playfulness



enquiring



intellectual
confidence

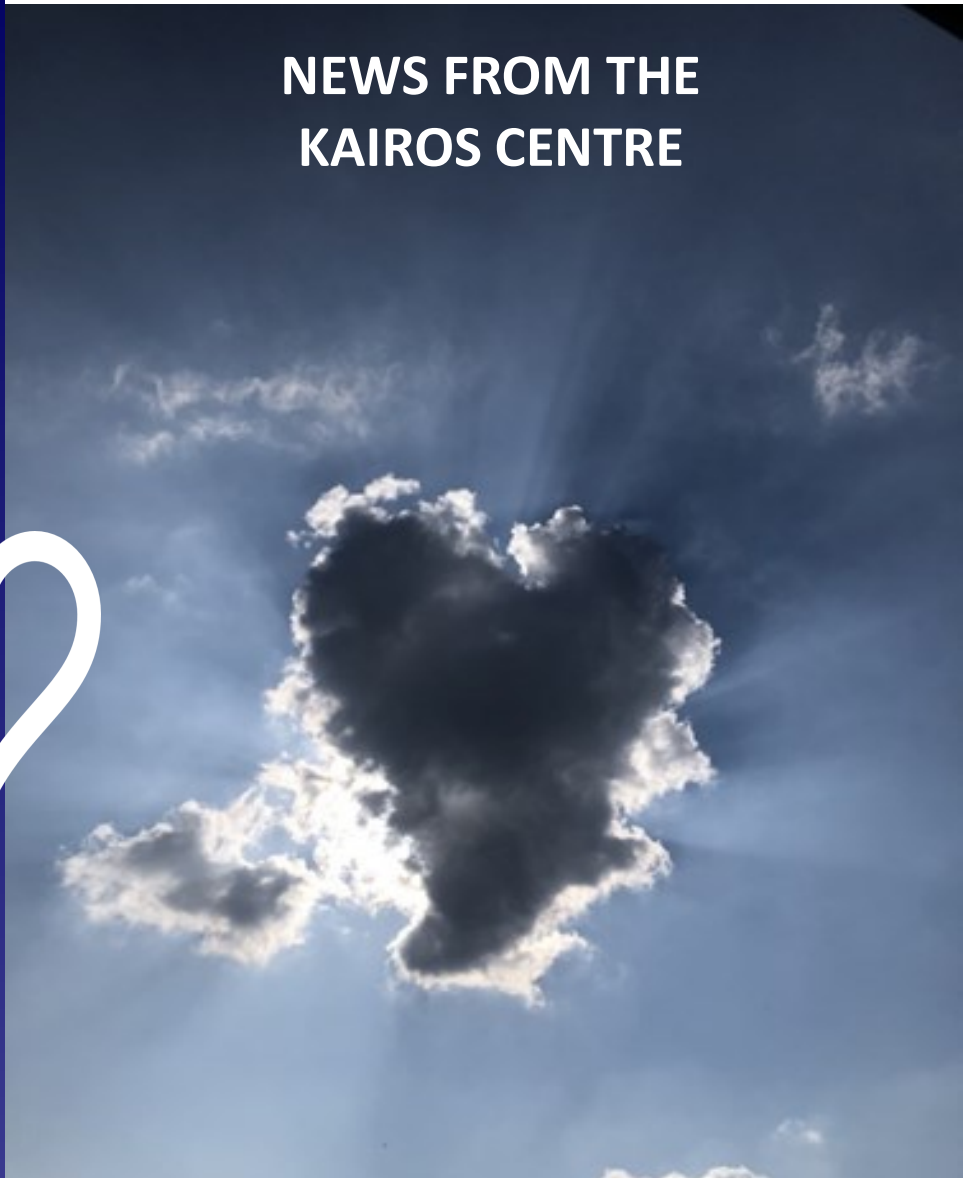


imagination





NEWS FROM THE KAIROS CENTRE



We find ourselves at the beginning of Holy Week, at the end of our Lenten journey for this year. For me, it's been a very unusual Lent – partly spent in school, partly spent at home, partly spent COVID testing, partly spent leading Kairos events – somehow we have travelled from Ash Wednesday in half term, to this time and place and the promise of Easter just a few days away.

We do not arrive at the hope and glory of Easter, without the challenging journey through Lent and Holy Week. As it is with life, we can't fast forward through the difficulties and just experience the joyful times. We have to be willing to listen to and walk with Jesus through the wilderness. We have to lean into the discomfort of these times.

At Palm Sunday Mass yesterday, I was reminded that last year, we spent this week in our homes and not in our churches. I hope that this Holy Week and the Season of Easter brings with it a sense of hope and an opportunity to gather as families and parish communities in prayer.

I share above a photo I took on Easter Saturday last year; this heart-shaped cloud appeared for just a few minutes but was a profound reminder of the promise of glory that Easter brings.

Wishing you and your families a blessed Easter

Mrs Lorenzato

TAKEAWAY FOOD FROM OUR KITCHEN

Menus for this week and for the start of next term are shown below.

Mon 29th March

TARIFF

Hot Grab n Go
Pork Chow Mein
Veggieburger
Jacket Potato & filling

Deli Items
Tuna & Sweetcorn
Cheese Salad

Cold Desserts
Vanilla Shortbread
Biscuits

caterlink

Tues 30th March

TARIFF

Hot Grab n Go
Macaroni Cheese
Veggie Sausage
Jacket Potato & filling

Deli Items
Ham & Cheese
Cheese & Tomato

Cold Desserts
Chocolate Muffins

caterlink

Then at the start of next term....

Mon 19th April

TARIFF

Hot Grab n Go
Shepherds Pie
Veggie Pie
Jacket Potato & filling

Deli Items
Ham & Cheese
Cheese Salad

Cold Desserts
Apple Muffins

caterlink

Tues 20th April

TARIFF

Hot Grab n Go
Roast Chicken, Roasties &
Gravy
Veggie Burgers
Jacket Potato & filling

Deli Items
BLT
Egg Mayonaise
Cold Desserts
Choc/Orange
Cupcakes

caterlink

Weds 21 April

TARIFF

Hot Grab n Go
Chilli ConCarne & Rice
Veggie Chilli
Jacket Potato & filling

Deli Items
BLT
Egg Mayonnaise

Cold Desserts
Fruity Flapjacks

caterlink

Thurs 22nd April

TARIFF

Hot Grab n Go
Chicken Curry &
Rice
Macaroni Cheese

Deli Items
Ham Salad
Cheese & Tomato

Cold Desserts
Pineapple Cakes

caterlink



*Included as a reminder
Text has not changed
since last week!*



A significant number of parents have now registered with our new parent app for smart phones and tablets called EduLink One.

This will be vital for our continued communications with you and is needed for you to report home testing negative and void results.

If you have not already done so, please register for the app.

EduLink One Demo

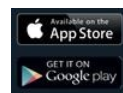
See the app in action! Click [here](#) to view a demo.

EduLink One User Guide

See our [User Guide](#) (it's also on the school website).

Access EduLink One from your Smartphone or tablet

- 1) Go to your App store
- 2) Search for **EduLink One**
- 3) Download the free app
- 4) Open **EduLink One**
- 5) Enter **SHHS** into the School ID field
- 6) Enter your **username and password** and click Log In. If you don't know your username and password, see below.



If you don't have access to a smartphone or tablet

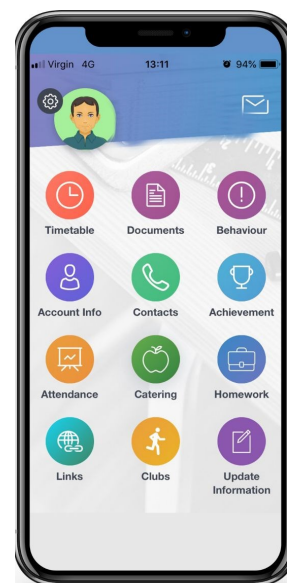
You can also access **EduLink One** via its website www.edulinkone.com. You will still receive all notifications to the email address that we have registered for you.

Access EduLink One from your computer or laptop

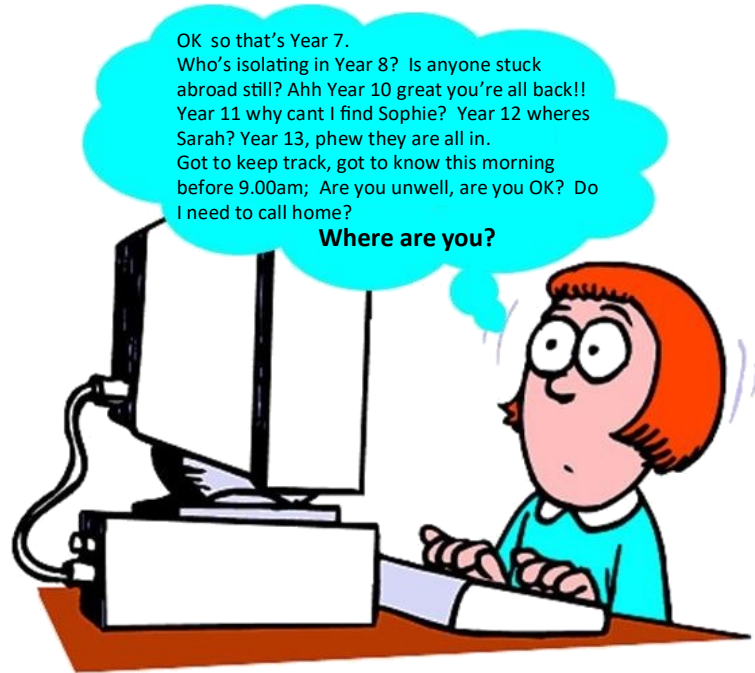
- 1) Visit edulinkone.com
- 2) Enter **SHHS** into the School ID field
- 3) Enter your **username and password** and click Log In.

FINDING YOUR USER NAME AND PASSWORD

Your username and password were sent to the email address which is currently stored on the school system on **Thursday 3rd December**. If you cannot find this email then please contact the school via info@sacredh.lbhf.sch.uk providing your name, your daughter's name and your email address so that your details can be updated.



Dealing with Absence – a plea for your help!



As a school we rely on the cooperation of parents to support their daughter's safety. If you don't call us, we must call you and **at the moment we are sometimes having to make a high number of calls, day after day, just to locate children.**

If notification of absence isn't received, the school office is required to contact the parents to ascertain the reasons. Please can parents and carers help us whenever your daughter is absent from school by **contacting the school by 9am.**

If your daughter is self isolating and you have informed us including the expected date of return, then you do not need to notify us repeatedly each day.

Please use this 'absent@' email address rather than 'admin@'.



You can report your daughter absent by emailing or telephoning:

absent@sacredh.lbhf.sch.uk

or admin@sacredh.lbhf.sch.uk

020 8748 7600 Ext. 217 to leave a message

When reporting the absence **please give your daughter's full name, form group and reason for absence.**

Where possible let the school know **in advance** of any planned absences e.g. hospital appointments and provide a copy of the medical appointment for our records. Where possible make medical/dental appointments out of school hours.



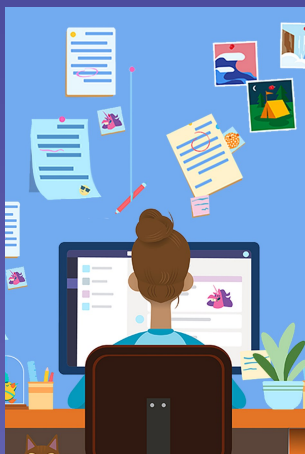
Continuing Provision of Remote Education

For any pupils still having to self isolate, the school will continue to provide remote education. Resources can all be found on google Classrooms.

There is **no pressure from us** for your child to be using BBC Bitesize resources but they may be helpful and we provide the link for secondary school pupils below.

<https://www.bbc.co.uk/bitesize/secondary>

<https://www.bbc.co.uk/bitesize/primary>



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Main Covid Symptoms

- a high temperature
- a new continuous cough
- a loss or change to your sense of smell or taste

What do you do if you have symptoms or if you have no symptoms but a positive test?

You must

- **Self-isolate.** The isolation period includes the day the symptoms started and the next 10 full days
- Follow the [Stay at home: Guidance for households with possible or confirmed coronavirus \(COVID-19\) infection](#); and
- If you have symptoms or if you have no symptoms but you tested positive in a lateral flow test **conducted at home**, you must also [Book a PCR test](#) . In either case, if the PCR test is negative you can stop self isolating.

What do Household Members do?

Other people in your household and support bubbles should self-isolate from the day your symptoms started (or the day of your test if you don't have symptoms) and the next 10 full days.

If a member of the household starts to display symptoms while self-isolating they will need to restart the 10 day isolation period and book a test.

If anyone tests positive whilst not experiencing symptoms, but develop symptoms during the isolation period, they must restart the 10 day isolation period from the day they developed symptoms.

Booking a Test & Informing the School

Tests can be booked online through the NHS [testing and tracing for coronavirus website](#), or ordered **by telephone via NHS 119**. Parents and carers should inform the school immediately of the results of a test.

If someone with symptoms tests negative

You could still have another virus, such as a cold or flu, so its best to avoid contact with other people until you are better but the formal 10 day isolation ceases. Other members of your household can also stop self-isolating.

There is one exception to this rule. You cannot stop self-isolating, even after a negative test, if you are also a 'close contact' a confirmed case. You will still need to self-isolate for 10 days from the date of that contact irrespective of your own intervening negative result. This is because you could still become Covid positive later in the 10 day period.

If someone tests positive

You should follow the ['stay at home: guidance for households with possible or confirmed coronavirus \(COVID-19\) infection'](#) and must continue to self-isolate for at least from the day of onset of your symptoms and for the following 10 full days. If you still have a high temperature, you should keep self-isolating until your temperature returns to normal. Other members of their household should all self-isolate starting from the day the individual's symptoms started and the next 10 full days.

The pupil can return to school only if they do not have symptoms (other than cough or loss of sense of smell/taste which can last for several weeks after the infection has gone).

Providing details of Close Contacts

If your daughter tests positive, or if asked by NHS Test and Trace, you and your daughter will need to provide details of anyone your daughter has been in close contact with. The school will do this for contacts in school.

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How to avoid becoming a 'close contact' who needs to self-isolate.

This won't be easy, given that you could now be considered a close contact simply living in the same household as someone with symptoms. Self-isolation of close contacts is now a **legal requirement** and subject to heavy fines for non compliance.

Still, there are a few things you can do (to at least minimise) the risk of having to self isolate. Its important to understand what the definition of a close contact is, so that you can try your best to minimise the risk of having to self isolate.

New Close Contact Definition

A Close Contact is

- anyone who lives in the same household as someone with coronavirus symptoms
- anyone who lives in the same household as someone who has tested positive for coronavirus.
- anyone who has had any of the following types of contact with someone who has tested positive for coronavirus (PCR or LFD test):
 - face-to-face contact including being coughed on or having a face-to-face conversation within 1m
 - been within 1m for 1 minute or longer without face-to-face contact
 - sexual contacts
 - been within 2 m of someone for more than 15 minutes (either as a one-off contact, or added up together over one day)
 - travelled in the same vehicle or a plane

Contact Tracing



How to minimise the risk of becoming a close contact in school

Ultimately it all comes down to social distancing.

Many classrooms and corridors are constrained in size. Desks are arranged facing forward so that pupils are not facing each other but social distancing is hard in classrooms, even with desks separated from each other.

The hardest time is probably at break and lunch, with the natural temptation to chat with friends and without thinking, to huddle facing each other. It's what children do naturally.

The school will do all it can to minimise close contacts, reminding pupils when we can, in a gentle manner –but in a school environment it is impossible to totally avoid it.

We also need to be cautious for everyone's safety and will make careful judgements about close contacts if and when we are asked to do so by Track and Trace.

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Self Isolation of Close Contacts

The rules for self isolation of close contacts are different from self isolation of someone who actually has symptoms themselves or a positive test. Close contacts will be feeling quite well but are required to

- **Self-isolate for 10 days after the day of contact** as a precaution in case they develop symptoms
'Stay at home: Guidance for households with possible or confirmed coronavirus (COVID-19) infection'
- Household members of a close contact person sent home from school to self-isolate, do not themselves need to self-isolate unless the close contact person subsequently develops symptoms.

What if the close contact develops symptoms ?

They should get a test.

- **if negative**, they must still remain in isolation for the remainder of the 10-day isolation period. This is because the virus can appear at any time across the 10 days. It could still appear later.
- **If positive**, you should inform the school immediately using covid@sacredh.lbhf.sch.uk and should isolate from the day of onset of the symptoms and at least the following 10 full days. Your household should now also self-isolate starting from when the symptomatic person first developed symptoms and the next 10 full days.

Can my daughter get out of the requirement to self-isolate if she has already had Covid or has been vaccinated?

- No. The legal requirement to self-isolate does not fall away. There is not enough evidence yet of the efficacy of antibodies or of the vaccines against new variants and everyone must follow the same rules until the pandemic subsides and policy changes.

What happens to my daughter's education while she is self-isolating?

- The school will contact you and remote education will be provided as occurred in lockdown.



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Face Coverings

What must be worn and where

- Schools must ensure that everyone wears masks in common areas of the building and in classrooms other than the very few who may be exempt. We have made a poster to remind pupils about this in school.
- Visors are not allowed as alternative to a mask because the small particles that the user breathes out, are not contained by a visor.



- We understand how difficult this may feel but we all need to try our very best. It's important to work together on this for the benefit of everyone.

Exemptions

- A few people will be properly exempt from having to wear a mask and the reason for this could be one that is not visible to others. We all need to be kind, not accusing each other of not following the rules. Bullying will not be tolerated.
- The school will follow up with parents if a pupil claims exemption to ensure that it is valid. Parents are asked to think very carefully before asking for an exemption but any such requests should be sent to: covid@sacredh.lbhf.sch.uk

When you don't need to wear a mask

- When exercising as part of a PE lesson, whether inside or outside.
- When outside (if you are maintaining 2m distance from others)
- When eating or drinking, whether inside or out.
- Remember the importance of social distancing, this is even more critical when you are not wearing a mask. Pupils often forget this in their eagerness to chat to their friends.

Safe Removal of Masks

- Try not to touch the outside of the mask. Place it in a plastic bag and sanitise your hands. Disposable masks to be thrown away in lidded bin. Reusable masks to be washed after use. Pupils will need a fresh mask each day and a spare in case it gets wet.

FACE COVERINGS

- When to wear them and when not
- How to remove them
- Be aware that some exempt

When to wear them

- In classrooms, to be reviewed at Easter.
- In all common shared areas of school, corridors, toilets, dining room, etc.
- On public transport.

When you don't need to wear them

- For PE exercise (in or out) and outside **only if you are more than 2 metres away from someone**

How to take them off

- Try not to touch the front, put it carefully into a small plastic bag and sanitise your hands. Throw away disposable ones in lidded bin. Reusable ones need to be washed after use. Use a clean one each day.

Exemptions

There are a few exemptions including some for reasons which may not be visible to others. Be kind to each other always.

Together we can prevent the spread of COVID-19

THE SCHOOL DAY

YEAR GROUP Arrival/departure point	ARRIVE	BUBBLE LOCATION	AM REG	LESSON 1	LESSON 2	LESSON 3 & BREAK		LESSON 4	LUNCH & LESSON 5		PM REG, INTERVENTIONS, DEPARTURE
7 Bute Gardens	8.10 – 8.25	Digby Building	AM Reg. 8.25 – 8.45	Lesson 1 8.45 – 9.45	Lesson 2 9.45 – 10.45	Break 10.45 – 11.00	Lesson 3 11.00 – 12.00	Lesson 4 12.00 – 13.00	Lunch 13.00 – 13.30	Lesson 5 13.30 – 14.30	PM Registration 14.30 – 14.40 Dismissal 14.40
8 Bute Gardens	8.15 – 8.35	Barat Building, first floor corridor	AM Reg. 8.35 – 8.45	Lesson 1 8.45 – 9.45	Lesson 2 9.45 – 10.45	Lesson 3 (60 min) with break in between L:20 8:15 L:40		Lesson 4 12.00 – 13.00	Lesson 5 13.00 – 14.00	Lunch 14.00 – 14.30	PM Registration 14.30 – 14.50 Dismissal: 14.50
9 Blue Gate	8.00 – 8.15	Barat Building, second floor corridor	Tutor/ Activities 8.15 – 8.45	Lesson 1 8.45 – 9.45	Lesson 2 9.45 – 10.45	Break 10.45 – 11.00	Lesson 3 11.00 – 12.00	Lesson 4 12.00 – 13.00	Lunch 13.00 – 13.30	Lesson 5 + Reg 13.30 – 14.30	Dismissal 14.30
10 Blue Gate	8.15 – 8.25	Russel Building	Tutor/ Activities 8.25 – 8.45	Lesson 1 8.45 – 9.45	Lesson 2 9.45 – 10.45	Lesson 3 (60 min) with break in between L:20 8-15 L:40		Lesson 4 12.00 – 13.00	Lesson 5 13.00 – 14.00	Lunch 14.00 – 14.30	Tutor/ Intervention 14.30 15:00 Dismissal 15:00
11 Bute Gardens	8.00 – 8.15	Calder Building	Tutor/ Activities 8.15 – 8.45	Lesson 1 8.45 – 9.45	Lesson 2 9.45 – 10.45	Break 10.45 – 11.00	Lesson 3 11.00 – 12.00	Lesson 4 12.00 – 13.00	Lunch 13.00 – 13.30	Lesson 5 13.30 – 14.30	Tutor/ Intervention 14.30-15:10 Dismissal 15:10
12 Reception	8.25	W4, W5, W6, W7, W8, 3 Art rooms, M5, M6, G7	Tutor 8.30 – 8.45	Lesson 1 8.45 – 9.45	Lesson 2 9.45 – 10.45	Break 10.45 11:00	Lesson 3 11:00 -12:00	Lesson 4 12:00 – 13:00	Lunch 13:00 – 13:30	Lesson 5 13:30 – 14:30	PM Reg. 14:30 -14:40 Lesson 6 14:40- 15:40
13 Reception			Tutor 8.30 – 8.45	Lesson 1 8.45 – 9.45	Lesson 2 9.45 – 10.45	10:45 -11:45 Lesson 3	Break 11:45 -12:00	Lesson 4 12:00 – 13:00	Lunch 13:00 – 13:30	Lesson 5 13:30 – 14:30	PM Reg. 14:30 -14:40 Lesson 6 14:50 -15:40

CONTACT DETAILS

LOWER SCHOOL

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Ms Flora Vitija
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Mr M Bohr
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7H	Ms M Serradilla mserradilla@sacredh.lbhf.sch.uk	E1
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7R	Mr L Haddaway lhaddaway@sacredh.lbhf.sch.uk	E4
7T	Mrs S Iafrate siafrate@sacredh.lbhf.sch.uk	E3
7S	Ms J Phillips jphillips@sacredh.lbhf.sch.uk	E7
7J	Mrs G Peebles/Ms S Kato gpeebles@sacredh.lbhf.sch.uk skato@sacredh.lbhf.sch.uk	E6

	YEAR 8 TEAM LEADER Ms Sarah Westley swestley@sacredh.lbhf.sch.uk	
8H	Mr I Vidovic ividovic@sacredh.lbhf.sch.uk	F1
8E	Ms M White mwhite@sacredh.lbhf.sch.uk	F2
8A	Mr A MacGinty amacginty@sacredh.lbhf.sch.uk	F5
8R	Mr S Middlehurst smiddlehurst@sacredh.lbhf.sch.uk	F10
8T	Ms A Hill ahill@sacredh.lbhf.sch.uk	F11
8S	Mr C Murphy cmurphy@sacredh.lbhf.sch.uk	F6

	YEAR 9 TEAM LEADER Ms Madailein Curtis mcurtis@sacredh.lbhf.sch.uk	
9H	Mr L Granger lgranger@sacredh.lbhf.sch.uk	F12
9E	Miss F Pervez fpervez@sacredh.lbhf.sch.uk	S8
9A	Ms A Hindmarch ahindmarch@sacredh.lbhf.sch.uk	S10
9R	Mr A Jones ajones@sacredh.lbhf.sch.uk	S15
9T	Mr D Shetcliffe dshetcliffe@sacredh.lbhf.sch.uk	S14
9S	Mr A Lea alea@sacredh.lbhf.sch.uk	S7

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Pastoral Support Manager
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	YEAR 8 TEAM LEADER: Ms Beth Dancer bdancer@sacredh.lbhf.sch.uk	
10H	Miss H Boggon hboggon@sacredh.lbhf.sch.uk	R5
10E	Ms R Key / Ms R Linden rkey@sacredh.lbhf.sch.uk rlinden@sacredh.lbhf.sch.uk	R6
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