

from the heart



The Feast of the Sacred Heart

Our whole school community gathered on the front lawn on 24 June, to celebrate the Feast of The Sacred Heart with an annual Mass - the first of its kind since 2019. Rev Dr Martin Poulson SDB reminded us of the simple message of the Feast Day: we must fill our hearts with the love of God, and then share this with the world. We celebrated with prayers in the different languages of our community and commissioned our new student and staff Eucharistic Ministers.

Our school choir had us dancing in the aisles with *Lean on Me* and the day's celebrations ended in the finest way possible – the arrival of the ice cream van!

Huge thanks to all of the students and staff and parents who made the celebration such a great success.



Our Wimbledon Ball Girls



Huge congratulations to two of our Year 9 pupils; Amelia Brown and Sophie Buzzigoli who have spent the past two weeks acting as Ball Girls at the Wimbledon Tennis Championships.

They have worked tirelessly since November training for the championship and fought off very tough competition to keep their spot.

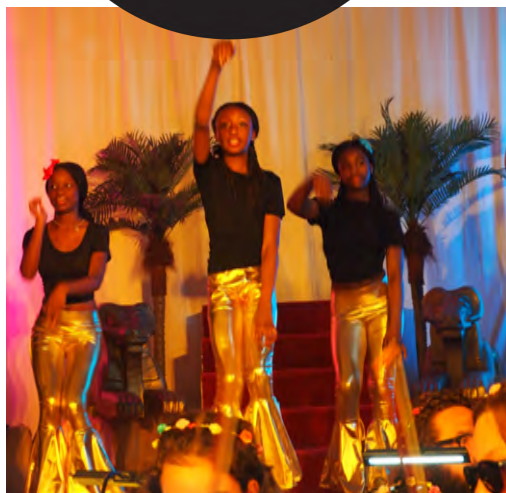
An amazing achievement and memories that will last a life time!

Sophie was invited to play during the tournament, with Goran Ivanisevic! Watch the fantastic video of this below!

https://m.youtube.com/watch?v=Ik691F_6lk



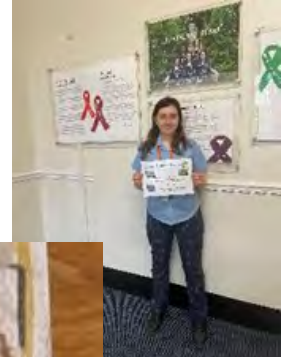




Out of my window, I can see...

Sacred Heart Schools' National Art & Poetry Competition for the Goal of Intellect

This term, the whole school was invited to submit works of art and poems on the theme of **'Through my window I can see'** as part of a nationwide competition among our Sacred Heart Schools. After much deliberation, 5 finalists were sent through as school winners to the national finals. Beating very stiff competition, I'm delighted to announce that we had 2 out of the 3 national winners! Huge congratulations to Maame in Year 7 for her poem (on the next page) and Alicia in Year 9 for her artwork, below.



By Alicia, Year 9



Out of my Window, I Can See....

Nothing, quite simply.

A blank canvas

Just for me.

Pondering

What shall I draw?

I start with a man, and a woman I see

That stands for gender equality.

I go onto giving them a mix of race

Half black, half white,

Rub the figures out

and redraw them within an embrace.

This means an end to racism's disgrace.

Over their heads as clouds start to clear,

I allow a bright rainbow to appear

Every colour you could think of galore,

This defines the reign of homophobia

To be no more.

Finally, my hand starts to throb

I believe its time for one last job.

Behind the two figures

Are lots of others holding hands.

All hate shall cease

For this is the new-found world peace.

Out of the window, what can I see?

A blank canvas, just for you and me.

We can make the world what we want it to be.



By Maame , Year 7

STEAM Visit to the National Museum of Computing Block H, Bletchley Park

The Museum was bursting with exhilarating new technology, ready for us students to immerse ourselves in fun and creative educational activities designed to unlock our imaginations, inspire and entertain us. From Raspberry Pi, Microsoft Makecode and BBC Micro-Bit all these STEAM activities transformed the way we learnt to embrace coding.

"My favourite part of the whole trip was when we coded a whole game of snake from scratch and played it on the original BBC computers! I learnt a lot about Bletchley and had a great day." Alix L



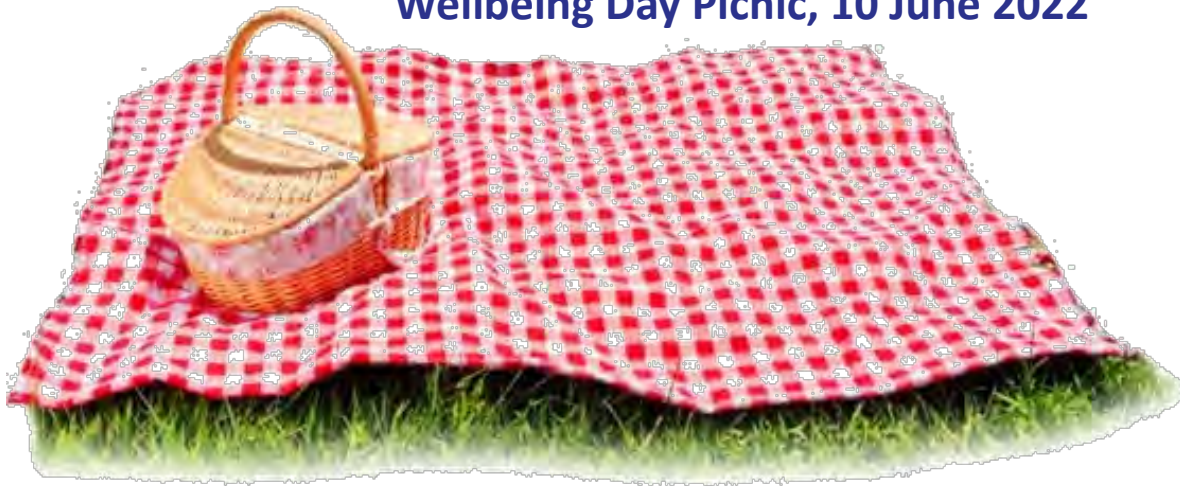
We began on an information hunt using posters around the park and some tablets provided. Each poster contained information about a different woman in STEAM, whether it was 70 years ago or something more recent. Then we played in a room filled with arcade machines like Pac-Man, space invaders etc. After this we programmed our own arcade games on computers from the 1980s and had a talk about STEMinism as well as the development of Women in Steam from WW2 onwards. The whole day was inspirational. *Grace T*

I enjoyed the historical aspects of the trip as well as the more modern ones. I think it was a very fun experience and I thank you for allowing us to go. I also really liked learning about the very inspirational women in computing and stem as well as hearing about their journeys. Adding to that, the coding on the very old computers was very educational and interesting! *Solianna A*

Overall, an inspirational day a huge thank you to Mrs Roy and Mr Jones for organising this trip.

By Year 10 STEAM Prefects

Wellbeing Day Picnic, 10 June 2022



The Wellbeing Group have been meeting throughout the year to discuss mental health in the school and create resources for tutors to share with their forms.

One of the topics that kept coming up was how COVID-19 was still impacting the lives and mental health of our young people—whether it was:

- from experiencing loneliness, anxiety or depression during and after the pandemic in line with global statistics of an increase in mental illness of 25%; or
- because of the stress of going back to school, making friends or going back to formal exams.

The Wellbeing Group shared experiences and felt that the school needed to take time to recover together and reconnect.

The Year 12 Wellbeing Ambassadors went about creating 'Wellbeing Week' ahead of school exams. Each day there was a resource made for form tutors to go through along one of the '5 Magic Ways of Wellbeing'. These are 5 clinically proven ways that people can tackle mental illness by being: **Mindful, Active, Generous, Interested & Connected.**

For the final day of the week we held a whole school picnic in place of Period 5 to help us connect as a school. It was wonderful to see students sharing food in the sunshine, playing card games and taking time to connect with others by writing affirmations and 'one kind word' on T-Shirts and notepads. The Wellbeing Ambassador Maquila, used the Jack Petchy money she won to buy everyone an ice-lolly which topped it off!

We are also delighted to say that due to the Friday being a non-school uniform day, we managed to raise over £1,590 for MIND mental health charity. Thank you for all of your support!

Thank you also to the Wellbeing Ambassadors in Year 12 for all of their hard work: Chloe, Freya, Elena, Maquila, Aearne, Joanna, Chloe, Caoimhe and Matilda.

We look forward to continue to work on helping the mental health and wellbeing of the school next year with more fantastic ideas!

Miss Fraser



DIVER

Sacred Heart's Diversity & Inclusion Book

You will all be aware from previous correspondence about our new Diversity and Inclusion book.

Keira Evans in Year 11 won a Jack Petchy Award for her work in compiling this, with contributions from her self but also from other members of our student Diversity and Inclusion Committee.

The book is full of reflections from students about their own experiences but also includes the outcome of a survey conducted by the students of how diversity and inclusion is addressed in separate school departments. Ideas for further reading and a useful list of online resources is also included. This is a fantastic achievement.

Copies of the book are available in the school library and all form rooms. Its is available to buy through Parent Pay

£11 for an A4 £8 for A5



S I D E O N



Sacred Heart High School

A-Level English Trip to Stratford-Upon-Avon



William Shakespeare



Last week, our A-Level English Literature class had the pleasure of attending a 2 day, Shakespeare-themed experience at the legendary playwright's birthplace, Stratford-Upon-Avon. In order to ensure thorough enrichment and a detailed insight into Shakespeare's life; his intense play *Richard III*; and the socio-historical context of his period of writing; we were able to all participate in an immersive drama workshop with the Royal Shakespeare Company.

This memorable experience allowed us to begin forming ideas about the themes of power, greed and succession present in *Richard III*, which we are due to study in Year 13, through acting out in small groups different scenes of the play using varying dramatic styles and emotional intensity. This was followed by a backstage tour of the Royal Shakespeare Theatre, during which our friendly tour guides gave us a historical insight to the architecture around us and the intricacies of the RSC's costume-making processes - we found it especially intriguing that they make all pieces worn by their actors, including armour and accessories!

We finished the day with a relaxing exploration of the surrounding area in Stratford-Upon-Avon admiring the quaint shops and rivers; and a meal at Pizza Express, all finished perfectly with the outstanding production of *Richard III*. We were privileged to view it from a very interesting angle of the audience, which enabled us to notice subtle staging choices such as the white balloons slowly descending from the ceiling during the opening celebration scene and the use of red during moments of battle and bloodshed.

On our final day of this trip, we were able to visit two of Shakespeare's homes, one of which was his birthplace, as well as a local church which contained his grave. Overall, we found this to be a highly enriching experience as English Literature students, as all of the historical facts we learnt and intricate things we noticed during the production can all be used to write about in the Shakespeare section of our A-Level exam next year.

Tyfenn Q



Ski Trip 2022



During the first week of the Easter Holidays fifty Year 10 pupils and five staff headed to the Austrian Alps for a week's skiing.

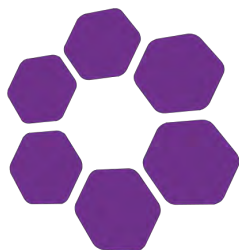
After a 24 hour bus journey we arrived at the Hotel Huter and were greeted with amazing views and delicious local food.

The next day we were up bright and early to begin our 5 days of ski school. There was a mixture of beginners, intermediates and advanced skiers in the group. Every pupil showed resilience, enthusiasm and a real drive to succeed and improve their skiing, this paid off as by day 5 every pupil had made it off the beginner slope and onto the mountain.

Pupils were also fully involved with evening activities including bowling, an alpine roller-coaster and a trip to a local gelato shop.

The pupils were a pleasure to take away, a real credit to themselves, their families and the school.





INTERNATIONAL WOMEN In ENGINEERING DAY

23 June 2022



Rosalind F was a finalist at the prestigious Big Bang Competition with her Sustainable Community entry and she was an absolute credit to Sacred Heart!



Our STEAM prefects have also been busy in STEAM club on Wednesday's after school. They have made a mobile phone amplifier and are currently making a skateboard from a disused pallet. They have stripped it to recycle the wood and are in the process of joining the pieces of wood together.



Gina G, recently took part in the Maker Challenge and I'm delighted to say that she won 1st place! Along with a certificate, her prize is a 3D printer.

Gina's invention is called Cerebral Palsy Aid and it is an ergonomic pen with a tripod grip designed for people with arthritis, physical disabilities or mobility issues. The judges commended Gina for her iterative design process and incorporation of user testing, and they thought she communicated her design incredibly well through her videos and website.

[Products / My Site 1](https://gina4794.wixsite.com/Products/MySite1)
(gina4794.wixsite.com/)

Mrs Roy (STEAM Lead)



The Janet Erskine Stuart Group

This term the Janet Erskine Stuart Group have continued to meet weekly to discuss current events and hear from a range of speakers. Tyfenn led us off with a presentation on cancel culture and how it affects all of us at both a macro and micro level.

We had a guest speaker from the BBC, Bridget Harney, who is a commissioner for current affairs programmes at Radio Four and The World Service. She discussed her long career at the BBC, how to get your voice heard as a woman, the importance of finding a mentor and support in any organisation, and learning how to speak with confidence to a big audience. Bridget also answered many questions, not just on careers in broadcasting, but how to navigate the work place generally.

Amongst other topics we covered this term, it was impossible not to reflect on the situation following the Russian invasion of Ukraine. We looked at the history and current role of NATO in the conflict, and considered how its expanding role Eastwards over the last two decades has had an impact on Russian isolationism and Putin's geo-political ambitions. The discussion was fascinating; with so many informed contributions from the combined group experience of having many contacts and relations in Eastern Europe, particularly the Baltic states.

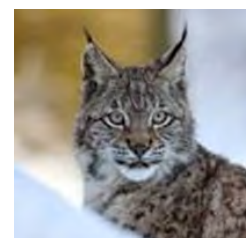
In preparation for the group filling out their UCAS applications, a current undergraduate at Leeds University, (and former SHHS pupil), along with a recent graduate in Chemistry from Manchester talked to us about personal statements, choosing a university, leaving school and moving to a new city and what to expect at university.

Finally, most recently, Ms Key from the English department, gave a presentation to us about her former career as a casting agent in the UK film industry in the UK, and her work on the Harry Potter series of films in particular. She had lots of fascinating information about working in such a stressful, high-pressure industry, and the need to collaborate, have good communication, leadership and negotiation skills in order to succeed.

We had a great term, and look forward to continuing with a range of speakers including a solicitor, barrister and GP planned for the Autumn.

Our collaborations with West London schools led to useful and productive information days for Higher Education this term; both with a University day at St Paul's Girls' School, and another for on Oxbridge in particular. Year 12s applying for medicine and dentistry also went to a day focused on Medical applications at St Augustine's school in Ealing. During lunch, we were shown round the amazing school farm; with sheep, lambs, hens, goats, guinea pigs and other animals that the pupils all take care of themselves.

We have nearly twenty Year 12s embarking on an EPQ this term – the Extended Project Qualification – which is a focused piece of independent research and essay writing, performance or artefact on any subject they are fascinated by and would like to pursue in greater depth. It's the equivalent of half an A Level; Universities hold the EPQ in high regard, and often make a lower offer if an applicant is undertaking one. This year we have a varied and wonderful selection of research topics including: Shark attacks and surfers; the influence of French new wave cinema; disability rights and access in the UK; why do we like sad songs?; the biological evidence of reversing ageing; the reintroduction of the Lynx into the UK; the influence of Argentine tango and many other esoteric and impressively eclectic subjects.



Fundraising Totals

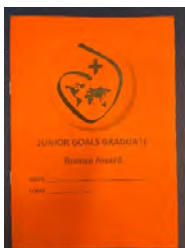
As this school year ends, it is wonderful to be able to share the scale of our fundraising efforts, particularly in these challenging financial times.

We have raised almost **£10,000** in total for charities such as CAFOD, Mac-Millan Cancer Care, Catholic Children's Society and during Lent, *Proyecto Bantaba*, an RSCJ project working with a migrant community in Spain. In addition, we have donated **720 Christmas gifts** to young people in need across the South-East as well as **over 630kg of donations for Ealing Food-Bank**.

Whilst the financial donations have been vitally important, it's been a privilege to work alongside our young people who have developed their understanding of Social Awareness and Service, through the organisation of events and preparation of the gifts and food donations. Our Sacred Heart Goals call us to see and respond to the needs of the world, using the gifts and talents we have been given by God.



JUNIOR GOALS GRADUATES



It has been heart-warming to relaunch the **Junior Goals Graduates** programme this year, which recognises the achievements of students in developing their awareness, understanding and impact of the Sacred Heart Goals in their lives, both in and out of school. This year it's been delightful to present over 440 certificates to students in Years 7 to 9.

Congratulations to all of our students and keep up the great work next year!

First Give

On 25 May, Year 10 pupils gathered in the chapel to watch the final of this year's 'First Give' programme. Students have been working in their tutor groups since November planning a social action project to raise awareness for important issues that they care about and the final saw one team from each tutor group battle it out to win the grand prize of £1000 for their chosen charity.

Students from all forms represented their charities well on the day with engaging speeches and amazing social action projects. During the final, they presented in front of their year group and a panel of judges including the youth mayor from Hammersmith and Fulham.

After a long deliberation, the team from 10E were voted as winners for their social action project for Red Thread, a charity which aims to tackle knife crime.

Well done to all students involved and a special thank you to Melissa S 10A and Laura B 10S who performed songs by Adele during the judges' deliberation.



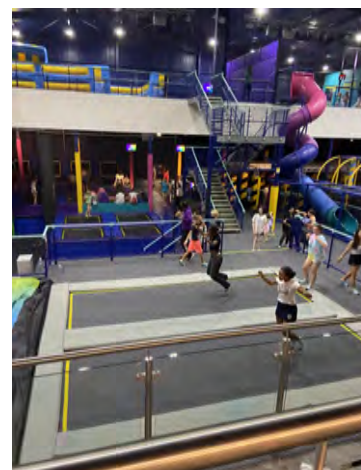
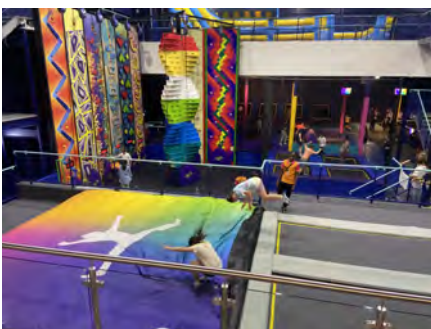
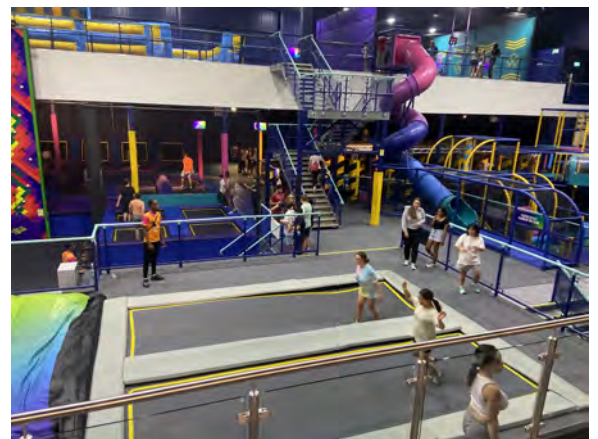
Winning students L-R: Olivia K, Isabelle T, Grace T, Thea S and Brianna C

Redthread



Year 12 at Oxygen Freejumping Trampoline Centre

Year 12 visited the Oxygen Freejumping Trampoline Centre on Thursday 14 July as their 'Feast of the Sacred Heart trip' this year.



Retreats

During July we were able to hold our last two year group retreats with Year 9 having a day of reflection based on the Principles of Catholic Social Teaching, and just this week, Year 12 enjoyed a day retreat at Digby Stuart College, reflecting on the theme of Discernment.

Our oldest students had the unique opportunity to enjoy some time of silent reflection in the Sacred Heart Chapel at Digby Stuart, resting place of the Founding Mothers, Janet Erskine Stuart and Mabel Digby.

It has been quite a challenge to schedule all of the retreats this year around lingering COVID restrictions and on behalf of our students, I would like to extend my thanks to all of the staff who have made this possible.

These really are faith-enriching experiences for everyone.



Year 12 Retreat at Roehampton

On Tuesday, Year 12 took part in our annual school retreat, held at Digby Stuart College at the University of Roehampton. As a year group, we spent the whole day off timetable to reflect on the past academic year and our journey at Sacred Heart High School, all the memories we have made, as well as, many hardships that may have arisen during our time at the school. Even though it is better to focus on the positive aspects of school and our wider social life, the retreat has taught us that during difficult times it is equally important to take time out from our hectic lives to reflect on what we truly want, our desires and goals and how to achieve our ambitions.

The main topic of discussion during this retreat was decision-making in the past, present and in the future. Throughout the day, there were a variety of activities held which enabled us to look back on the decisions that we have previously made and our main influences on these decisions, whether it may be ourselves or our family and friends. During the years we have spent at Sacred Heart from Year 7 to Year 12, we have made many decisions that are important and may have large impacts on our lives later on, this could include choosing our A-Levels at the start of Year 12 and now as we approach the end, considering university and degree choices for the near future. Although making big decisions like these can be difficult, we have understood that there is no such thing as a 'bad decision', every moment of success in life has been a result of all the decisions we have made combined, whether they are labelled as good or bad, right or wrong. Even though decisions can have negative consequences, every decision that we make shapes us to identify who we are to ourselves and to other people.

To conclude our retreat, we wrote letters to our future selves, these included things that we would want to achieve before we open the letters. Writing to ourselves is a good way to remind ourselves of the goals and ambitions that we desire to achieve in a certain period of time or throughout our lives, it allows us to measure our achievements against our own definitions of success and helps us make the necessary changes to truly invest and be the best versions of ourselves.

Giselle P Year 12



Inspirational talk for Year 10 from Army Officer Preet



At age 19, Preet joined the Army Reserves where she was eventually commissioned in 2012. She went to university to study Physiotherapy and graduated in 2012, I was the first person in my family to get a degree and it remains one of my greatest achievements.

Her appetite for greater and greater challenges started to grow, starting with a half marathon at 20 years old. After completing her first marathon, she decided to try an ultra-marathon. Dusk till Dawn (50 miles in the Peak District) which left her feeling very achy and sick but she caught the adventurous bug. The scale of her adventures started to grow and her definition of what is normal changed.

Aged 27, she decided to join the Regular Army and she has not looked back since. She completed large scale exercises/deployments in Nepal, Kenya and most recently a 6 month UN peacekeeping tour to South Sudan. Whilst in South Sudan (in addition to my duties as task-force Physiotherapist), she organised a 30 hour endurance event to raise money for charity.

She miraculously completed a solo, unsupported crossing of Antarctica, travelling over 1000 miles, pulling a pulk (sledge) with all of her kit, battling temperatures of -50c and wind speeds of up to 60mph. I expect the journey to take approximately 75 days. This journey would make me the first female to cross Antarctica, solo and unsupported.

"Anything ambitious can feel out of reach at the beginning but every bit of training I complete brings me closer to my goal. Hopefully doing something that pushed me so far out of my comfort zone would inspire others to believe in themselves and push their boundaries. After 40 days alone on the ice, I completed my 700 mile journey to the South Pole on 3 Jan 22. You are capable of anything you want. No-matter where you are from or where your start line is, everybody starts somewhere. I don't want to just break the glass ceiling, I want to smash it into a million pieces." she said in her talk. A huge thank you to Ms Nye for organising this inspirational talk!

Mrs Roy (STEAM Lead)





THE QUEEN'S CLUB cinch CHAMPIONSHIPS PE Rewards Trip

On Friday 17 June pupils from Y7-10 were invited to attend the CINCH Tennis Championships at Queens Club. This was a reward for pupils' effort and commitment to their PE lessons.

The pupils had a great day looking around the club and watching some fantastic tennis! Well done to all pupils for their exemplary behaviour on the trip.



Year 9 STEAM News



Our Y9 STEAM Team entered the Big Bang Competition which inspires inquisitive minds to think big, challenge facts, ask questions and invent solutions. I'm delighted to announce that Rosalind's project '**Sustainable Community**' was nominated to go through to the next round of judging to compete for the following Special Award: 'The Network Rail Innovation in Transport Award'. Huge congratulations to everyone for all their hard work throughout this year! Mrs Roy STEAM Lead

Year 10 STEAM Prefect visit to Lords Cricket Ground.



We started off our day watching a T20 match between The Navy and The Air Force. It was very interesting watching and learning about the history of cricket as we took a tour of the grounds. To conclude the day we had 1 big cricket match between us girls as we split into 2 teams. It was exhilarating and the best part of the whole trip! A huge thank you to Mrs Roy for organising this trip for us. *Grace T*





Basketball

Our U18 basketball team has had their most successful season to date.

They have been crowned champions of the 0-10 Girls Basketball League beating St Pauls, Godolphin and Latymer, Hammersmith Academy, Fulham Cross and Phoenix Academy.

They were also crowned winners of the Grenfell memorial basketball tournament.

They have attended weekly training and put 100% into all sessions and matches, their skill level is fantastic! A huge thank you to Coach Cheryl from 0-10 Community basketball for training them. WELL DONE TEAM!!!



Year 11 BT Young Pioneers



An excellent afternoon as Sonia, Dorothy & Justine when they met the CEO of the British Dyslexia Association along with their mentor from BT. The creators of 'Dimming Dyslexia' won the BT Young Pioneer Award in 2020 for their app design and finally got to celebrate at the top of the BT Tower in Central London.

The talented team is made up of three students: Dorothy, Sonia and Justine and their app tackled a range of issues facing students in year 7 or above. The app aimed to analyse texts and resources that students use and translate them into an easier format to comprehend such as cartoons, videos or certain fonts. The app could be used as a personal tool so teachers do not need to compromise the lesson, unlike other apps or solutions. A huge thank you to Mrs Roy who provided incredible support, advice and guidance throughout this project from start to finish.

Sonia A



STEM Learning Awards 2022



High quality teaching is key to developing the next generation of STEM professionals and STEM Learning is keen to recognise the educators that go above and beyond to support students pursuing STEM subjects.

Teachers from across the UK were honoured for their outstanding skills and commitment to inspire young people at the STEM Learning Teaching Awards, supported by the ENTHUSE Charitable Trust, at the National STEM Learning Centre in York on 16 June 2022.

Teachers are some of the most important individuals in society and in many students' lives, a life-changing, guiding force. – Baroness Brown of Cambridge

Huge congratulations to Mrs Roy for her highly commended STEAM Club and winning the prestigious STEM Teaching and Learning award for Diversity & Inclusion. Well-deserved and a massive well done from all at Sacred Heart – We are proud of you!

PSHE First Aid Training for Year 12



During PSHE Day, the Sixth Form participated in a First Aid Training Course. The day was very exciting and insightful, consisting of practical work and demonstrations. We learned how to treat minor injuries such as cuts and nosebleeds. We were able to then use dummies to practice CPR on adults, children, and babies. Along with practical work we were able to see a first aid box along with the contents for example it included anti-bacterial wipes, plasters and scissors. They told us what equipment would need to be used depending on the type of injury such as plasters for cuts.

A main lesson that we took away from the training course is that in times of First Aid you need to be able to communicate with others around you because during times of accidents there will be many jobs that need to be fulfilled. My favourite part of the day was performing CPR on the baby because we were given real life scenarios which prepared us for those specific situations that could arise. We were also introduced us to an App called 'Siren Training' which re-inforced our knowledge and reassured us that if we ever needed to perform First Aid the information would be on the App and easily accessible..

Giselle P Year 12

Modern Languages Inspire Programme at St John's College, Oxford



On a bright, sunny crisp morning I made my way into Oxford to take part in the St. John's, Modern Languages Inspire Programme. Feeling a little nervous and quite small against the overbearing doors of the College, I made my way inside and was directed towards the Garden Reception Room.

After some difficulties navigating through the numerous 'quads', the Garden Room was found. Strikingly, the diverse range of architecture stunned me. A quasi-brutalist approach to accommodation for first years, whilst the Larkin Room and Hall showcased its neo-Georgian splendour. Soon after ice-breaker events were completed, we attended an itinerary talk in the Garden Auditorium Room and the excitement was truly apparent.

Not long after 11 o'clock, we began our first session, Spanish Literature (and film). We approached directorial techniques in Argentinian film including frame, angles, composition and point of view. For a thesp, like myself, this was truly a dream come true. The lecture continued as we covered editing techniques and how they affect the overall scenes within a film. Soon after, we watched the first 7 minutes of *La Mujer sin Cabeza* (The Headless Woman, dir. Lucrecia Martel) depicting a tense mise-en-scène as the rest of the story unfolded.

German tasters included guttural introductions that made the Larkin Room sound as if it has been inundated with a harem of seals. Meanwhile, lunch was being prepared in 'Hall'.

Soon after lunch, we took part in a lecture regarding Spanish poetry. A close reading of Roque Dalton's, 'Como Tú' led to discursive engagement as to what connotations 'el pan' (the bread) has within the context of the poem. We covered the underlying Catholic implications of the poem and how 'la poesía' (poetry) reigns as an overarching theme as a respite from the trappings of Paraguayan dictatorship. As regards poetry, that was the favourite 'paper' (module) of our student leader in first year at St. John's. She took us on a whistle-stop tour of the college; the quads, Chapel, gym, the JCR, accommodation and even shared what, 'Missie', the college hawk was like.

After all of the seventeen-year-olds returned to the auditorium, feeling heavy with the barrage of information regarding UCAS, the 15th October, MLAT papers and interview experiences; it was time to retire back to where we started, some six hours before.

I cannot thank the team at St John's College enough for their hospitality, organisation and their general attitude towards us all.

Soraya S Year 12



Year 12 Trip to the Isle of Wight

After a long exam week and Covid out of the rear mirror, Year 12 were relieved to finally be setting off to the postcard landscape of Bembridge on the Isle of Wight. After a snoozy coach trip to Portsmouth, we boarded the ferry to the Isle of Wight where the fun began.

Activities were designed to build on learning values from a holistic perspective so a packed three days of aeroball, archery, 3G swing, 'leap of faith', rock climbing, and rafting tested not only an individual's courage and integrity but also the key lessons of teamwork and patience. It certainly helped us to get to know each other better and bond as a year group. What a better place to develop these skills in the British paradise that is the Isle of Wight! This perspective was furthered on the final day when we set off sightseeing to 'The Needles' where the sea glistened and there were even sights of France in the distance.

Huge thanks to Ms. McCarthy for the organisation of the trip, and to Mrs. Greenwood, Ms. Fraser and Ms. Filipiak for accompanying. It is truly lovely that we are now able to undertake extra-curricular school trips and this trip is definitely one too look forward to in the future for everyone else!

Soraya S and Katie H Year 12





Meet the new Head Girl Team

A new Head Girl Team has been appointed and they have already been hard at work coming up with many ideas for the next academic year. Our new team consists of five members: three head girls for each key stage and two deputy head girls.

Soraya Shakibi is one of our head girls who will be focusing on KS3, from Year 7 to Year 9, she aims to ensure that a sense of community is developed within the lower years to make their Sacred Heart experience memorable. She is currently studying English, History, and Spanish.

Tyfenn Quentin is another of our head girls who will be focusing on KS4, from Year 10 to Year 11, and she aims to empower the student's voice and raise awareness for useful academic and personal growth opportunities inside and outside of school. She is currently studying English Literature, French and Religious Studies with the hopes of studying Law at university after Year 13.

Areanne Denzo is our final Head Girl who will be focusing on KS5, from Year 12 to Year 13. As Head Girl for the Sixth Form, she wants to ensure that the transition from secondary to university is smooth. She is very passionate about music as she takes part in services and shows. Areanne studies Economics, Geography, Sociology and Maths. In university she hopes to study Economics.

Our first Deputy Head is Giselle Pereira who is currently studying Economics, Geography, and Sociology. She aims to ensure that culture and diversity are celebrated within our school and each student feels comfortable expressing themselves. She is passionate about climate change and how to preserve the environment. She wishes to study Geography at university.

Katie Hudson is our second Deputy Head Girl and she is studying Sociology, Biology, and Chemistry. She is very passionate about rowing as she is on our school's rowing team. She aims to ensure that everyone has the opportunity to develop their skills and talent within the school. Katie hopes to study Medicine at university.

Reflections from Mrs Doyle



On entering the teaching profession 43 years ago, becoming a Headteacher was never a plan for me. As a young teacher, I grasped every opportunity to lead and immerse myself in supporting the wider life of all schools I worked in. I provided enrichment opportunities for young people as part of their personal growth and development and took on roles of responsibility, such as Deputy Head of Year, Head of Department, and Senior Teacher.

My appointment as Deputy Headteacher at Sacred Heart in September 1997, 18 years into my career, was a dream come true. Sacred Heart has been my second home for the past 25 years and it has been an honour to lead the school as Headteacher for the last 8 years.

Everything I have aimed to do in this role, has been inspired by my faith and the unique charism of the Society of the Sacred Heart, underpinned by the five Sacred Heart Goals which seek to develop every young person body, mind, heart and soul.

I am passionate about the importance of educating young women to the highest academic standards and developing them as young women of faith who have a social conscience and a desire to break that 'glass ceiling', the invisible barrier that prevents women in particular to reach senior positions in the workplace - a growing number our alumnae are already leading the way.

As the school tentatively opened up throughout the year, this term in particular has seen the human spirit come alive again through the amazing production of Joseph which sold out on each evening, and our Sport's Day back at St Paul's playing fields, both of which we celebrated as a community.

A heartfelt thanks to everyone for all the support you have given to me over the years as Headteacher of this amazing school. I feel extremely privileged to have worked here and very proud to have served you and your families and our amazing, dedicated teachers and support staff.

I wish you all a happy summer break to rest. I will think of you all returning in September, ready to embark once again on a new academic year, as I pass the baton confidently to Mrs O'Donovan.

Marian Doyle

Mrs Marian Doyle
Headteacher



SCHOOL CALENDAR

Michaelmas Term 2022



KEY DATES 2022

Fri 2 Sept	Year7 Parents' Information Evening
Mon 5 Sept	Year 7 & Year 12 students return to school Year 8 & Year 10 Parents' Information Evening
Tues 6 Sept	All pupils return to school Year 9 & Year 11 Parents' Information Evening
Wed 7 Sept	Year 12 & Year 13 Parents' Information Evening
Fri 9 Sept	Mass for Year 7 pupils and parents (2 p.m.) Year 9 Movie Night
Tues 13 Sept	Sacred Heart Alumnae Awards Evening
Thurs 15 Sept	Year 6 Secondary Transfer Open Morning & Evening
Wed 21 Sept	Year 6 Secondary Transfer Open Morning & Evening
Wed 12 Oct	Sixth Form Open Evening
20 Oct	Year 7 Transition Tutor-Parent Meeting (4-6 p.m.) Year 12 Transition Tutor-Parent Meeting (4-6 p.m.)



Mon 24– Mon 31 Oct (inclusive): HALF-TERM HOLIDAY

Thurs 3 Nov	Year 13 Parent-Teacher Meeting (4-6.00 p.m.)
Sat 12 Nov	Banding Tests for Year 6
Mon 14– Fri 18 Nov	Whole school (Year 7-13) exam week
Thurs 8 Dec	Year 9 Parent-Teacher Meeting (4-7 p.m.)
Thurs 15 Dec	Advent Liturgy (6 p.m.)
Fri 16 Dec	Last day of the Michaelmas Term

